## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * Bock Jonathan					2. Issuer Name and Ticker or Trading Symbol Barings BDC, Inc. [BBDC]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O BARINGS LLC, 300 SOUTH TRYON STREET, SUITE 2500					3. Date of Earliest Transaction (Month/Day/Year) 03/12/2020							X Office	er (give title belo Chie	ow) f Financial C	Other (specify b	elow)
(Street) CHARLOTTE, NC 28202				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquin							red, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execu		if C(Intr)	(Instr. 8)		(A) or D	Securities Acquir or Disposed of ( str. 3, 4 and 5)  (A) or nount (D) Pr		5. Amount of Securities Beneficially Owned Follov Reported Transaction(s) (Instr. 3 and 4)		Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	Stock ("S	hares")	03/12/2020				P		5,875	A \$	3.3198	22,075			D	
			Table II				Acquire	the ed, D	form dis	splays a of, or Ben	currer reficiall	itly valid		spond unle rol numbe		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D any	(e.g., p	(e.g., puts, calls, water, if Transaction Code Year) (Instr. 8)		5. 6. I Number and		d Expiration Date Ionth/Day/Year)  And Date Line See See See See See See See See See S					Securities	Ownersh Form of Derivativ Security: Direct (I or Indire	Ownership: (Instr. 4) ct
				_	Code V	4,	and 5)	Dat Exe	-	Expiration Date	n Title	Amount or Number of Shares				
Repor	ting O	wners														
Reporting Owner Name / Address					Relationships											
				Directo	Director 0wner		Office	Officer								

Chief Financial Officer

### **Signatures**

CHARLOTTE, NC 28202

Bock Jonathan C/O BARINGS LLC

Ann Malloy as Attorney-in-fact	03/13/2020
**Signature of Reporting Person	Date

300 SOUTH TRYON STREET, SUITE 2500

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.