FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  Tucker Garland S III				2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [ TCAP ]									(Chec	Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner						
(Last)	(First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 02/21/2007								X	Officer (g below)		Other (specify below)		specify	
3600 GLENWOOD AVENUE															Chariman, President, CEO					
SUITE 104					4. If Amendment, Date of Original Filed (Month/Day/Year)								- I	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Ohra A)														X	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(Street) RALEIGH	NC	27	612												Form file	d by More	than Oi	ne Reportin	g Person	
(City)	(State)	(Zi <sub>l</sub>	p)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date						2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			) or 4 and 5)	5. Amount Securities Beneficiall Following Transactio	y Owned Reported	Form:	nership Direct (D) irect (I) 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										v	Amount		(A) or (D)	Price	(Instr. 3 and 4)					
Common Stock 02/2					21/2007				J <sup>(1)</sup>		118,400		Α	\$ <mark>0</mark>	118,	,500		D		
Common Stock 02/2					/21/2007				J <sup>(2)</sup>		7,333(3)		Α	\$0	7,3	7,333		1	By LLC	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	xecution Date, T		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisabl Expiration Date (Month/Day/Year)		Securities Under		derlying curity	8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Ownership Form:	Beneficial Ownership (Instr. 4)	
Evaluation of Po				ľ	Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	on(s)	<u> </u>		

- 1. Shares acquired in exchange for general partnership interests in Triangle Mezzanine Fund, LLLP (the "Fund") as part of the formation transactions in connection with the Issuer's initial public offering. As part of the formation transactions, the Fund became a wholly owned subsidiary of the Issuer.
- 2. Shares acquired in exchange for limited partnership interests in the Fund as part of the formation transactions in connection with the Issuer's initial public offering. As part of the formation transactions, the Fund became a wholly owned subsidiary of the Issuer.
- 3. Shares beneficailly owned represent reporting person's pro rata ownership interest in a limited liability company.

/s/ Helen W. Brown, Attorneyin-Fact for Garland S. Tucker,

02/23/2007

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\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.