SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] SMITH SHERWOOD HUBBARD JR						2. Issuer Name and Ticker or Trading Symbol <u>Triangle Capital CORP</u> [TCAP]									5. Relationship of Reporting Person(s) to Issuer Check all applicable) X Director 10% Owner			vner	
(Last)	(First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 09/13/2007									Officer (g below)	ive title		Other (s below)	specify
3600 GLENWOOD AVENUE SUITE 104						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv X	vidual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(Street) RALEIGH NC 27612														i onn me	a by more	than 0		greison	
(City)	(State)	(Zi	p)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date					2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)					4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a					Form:	irect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		(A) or (D)	Price	(Instr. 3 an				(1150.4)
Common Stock 09/1					/13/2007				Р		5,421		Α	\$13.63	15,421			D	
Common Stock 09/1					14/2007				Р		4,579	9	Α	\$13.64	20,000			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	str. 3) 2. 3. Transaction Date Execution Date (Month/Day/Year) 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4. 4.		ate,	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Ye		e Securities Und		iderlying curity I)	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	re Own es Forn ally Dire or In g (I) (I d	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	9	Amount or Number of Shares		(Instr. 4)	.,		

Explanation of Responses:

/s/ Robert C. Humphreys

Attorney-in-Fact for Sherwood 09/21/2007

Hubbard Smith, Jr.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.