SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Tucker Garland S III						2. Issuer Name and Ticker or Trading Symbol <u>Triangle Capital CORP</u> [TCAP]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	t) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 11/12/2007								x	Officer (g below)	ive title		Other (specify below)		
3600 GLENWOOD AVENUE															Chairman, President, CEO					
SUITE 104						4. If Amendment, Date of Original Filed (Month/Day/Year)									 Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person 					
(Street)															Form filed by One Reporting Person Form filed by More than One Reporting Person					
RALEIGH NC 27612															a by more	undir C				
(City)	(State)	(Zij	o)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date					ransaction e onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										v	Amount		(A) or (D)	Price	(Instr. 3 an				(1130.4)	
Common Stock 02/2						21/2007			Р		3,100		Α	\$12.68	121,600			D		
Common Stock														7,333			I	By LLC ⁽¹⁾		
Common Stock 02/2					21/2007				Р		260 A		\$12.87	26	260		T	By wife		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Dat (Month/Day/Ye		te			derlying curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Ownershi s Form: Ily Direct (D) or Indirect (I) (Instr. 4	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title		Number of Shares						

Explanation of Responses:

1. Shares beneficially owned represent reporting person's pro rata ownership interest in a limited liability company.

/s/ Robert C. Humphreys,

Attorney-in-Fact for Garland S. <u>11/14/2007</u> Tucker III

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.