SEC Form 4

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SMITH SHERWOOD HUBBARD JR						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Triangle Capital CORP</u> [ TCAP ]									Relationship of Reporting Person(s) to Issuer         Check all applicable)         X       Director         10% Owner				vner
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 05/07/2008									Officer (g below)	ive title		Other (s below)	pecify
3600 GLENWOOD AVENUE SUITE 104						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv					
(Street) RALEIGH NC 27612															Form file	d by More	than On	ne Reportin	g Person
(City)	(State)	(Zij	o)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date							2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securiti Disposed	ities Acquired (A) or d Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount		(A) or (D)	Price	(Instr. 3 and 4)				(1150.4)
Common Stock 05/0						7/2008		Α		2,700 A		\$0.00	32,9	913		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/N	ate,	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Dat (Month/Day/Ye		te	Seci Deri	itle and A urities Un ivative Se tr. 3 and 4	derlying curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e ( s F illy [ g (	y Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	l,	(A)	(D)	Date Exercisa		Expiration Date	Title		or Number of Shares					

Explanation of Responses:

Remarks:

Robert C. Humphreys,

Attorney-in-Fact to Sherwood

05/08/2008

H. Smith Jr.

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

(A)

(D)

Code V