FORM 5

Form 3 Holdings Reported.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Porm 4 Transac	ctions reported			or Seci	11011 30(ii) oi uie iiiv	estment Con	iparry Act	JI 1940							
Name and Address of Reporting Person* SMITH SHERWOOD HUBBARD JR				2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]							(Chec	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last)	(First)	(Mi	ddle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2011						- X	Officer (giv	e title		Other (sp below)		
3700 GLENWOOD AVENUE SUITE 530				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) RALEIGH	NC	27	612									Form filed	by More to	han One	Reporting	y Person
(City)	(State)	(Zip))													
		Та	ble I - Non-Der	ivative Se	ecurit	ies Acqu	ired, Disp	osed o	f, or E	Benefici	ally O	wned				
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D	ate, Transaction	3. Transaction Code (Instr.				· ·	5. Amount of Securities Beneficially Ov	Fo	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			(Month/Day/Tear)	(Month/Day/Year		8)			A) or D)	Price	at					
Common Stock								43,288.89(1)		D						
Common Stock												32,109.11(2)		ı	By Wife	
		•	Γable II - Deriv (e.g.,	ative Sec puts, call								ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	rsion Date rcise (Month/Day/Year) of tive	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Securities Under Derivative Secur 3 and 4)		erlying	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following	e C s F lly D o (l	orm: irect (D) Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date		Ai or Ni Title			Reported Transacti (Instr. 4)			

Explanation of Responses:

- 1. Includes shares of common stock received by reporting person in 2011 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.
- 2. Includes shares of common stock received in 2011 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Remarks:

/s/ Helen W. Brown, Attorneyin-Fact for Sherwood H. Smith

02/08/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.