SEC Form 4

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [ TCAP ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Burgess Brent P W													_	Director			10% Ov	vner		
(Last)	(First)	(M	iddle)		3. Date of Earliest Transaction (Month/Day/Year) 02/06/2013								X	Officer (give title below)			Other (specify below)			
3700 GLENWOOD AVENUE															Chief Investment Officer					
SUITE 530						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															Form filed by One Reporting Person Form filed by More than One Reporting Person					
RALEIGH NC 27612															Form file	a by More	than C	ne Reportin	g Person	
(City)	(State)	(Zi	p)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Dat					2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(/ (I	A) or D)	Price	(Instr. 3 an				(1130.4)	
Common Stock 07/0					03/2012				G	V	4,00	0	D	\$0.00	204,665			D		
Common Stock 11/					11/20/2012				G	V	4,50	0	D	\$0.00	200,165			D		
Common Stock 12/					12/17/2012				G	V	2,00	0	D	\$0.00	198,165			D		
Common Stock 02/0					02/06/2013				A		41,133		Α	\$0.00	239,298(1)			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	ate,	Code (Inst				6. Date Exercis Expiration Dat (Month/Day/Ye		e Securities Underl		erlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
Explanation of Responses:			Code V		(A)	(D)	Date Exercis		Expiration Date	Title		Amount or Number of Shares	umber		511(5)					

1. Includes shares of common stock received in 2012 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Remarks:

/s/ Helen W. Brown, Attorney-02/08/2013 in-Fact for Brent P.W. Burgess Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{*}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.