FORM 5

Form 3 Holdings Reported.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Form 4 Transac	tions Reported		ŀ				t the Securitie estment Com			f 1934							
1. Name and Address of Reporting Person * GAMBILL MARK M			2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]						Relationship of Reporting Person(s (Check all applicable) X Director				s) to Issuer	vner			
(Last)	(First)	(Mic	ddle)	Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2014							Officer (give title below)			Other (specify below)			
3700 GLENWOOD AVENUE SUITE 530			4. If Amendment, Date of Original Filed (Month/Day/Year)					Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person									
(Street) RALEIGH	NC	27	612										•		ne Reportir	g Person	
(City)	(State)	(Zip)														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any				rities Acquired (A) or Disposed Of 4 and 5)			5. Amount of Securities Beneficially Ov		6. Owner Form: Di		rect Ind	lature of irect		
(w			(MOIIII/Day/Teal)	(Month/Day		8)	1 1		A) or D)	Price F		at end of Issuer's Fiscal Year (Instr. 3 and 4)		(D) or Indirect (I) (Instr. 4)		Ownership (Instr. 4)	
Common Stock											16,498 ⁽¹⁾		D	,			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, (Month/Day/Year) 5. Number of Derivative (Month/Day/Year) 5. Number of Derivative (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Expiration Date (Month/Day/				rities Under	erlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)					
					(A)	(D)	Date Exercisable	Expiration Date	Title		Amount or Number of Shares	6		ction(s)			

Explanation of Responses:

Remarks:

/s/ Scott Lesmes, Attorney-in-Fact for Mark M. Gambill

02/06/2015

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} Includes shares of common stock received in 2014 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.