FORM 5

Form 3 Holdings Reported.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Form 4 Transac	tions Reported	l.		or Sec	tion 30(I	n) of the Inv	estment Con	npany Act	of 1940								
1. Name and Address of Reporting Person * RICH SIMON B. JR.				2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]							(Checl	5. Relationship of Reporting Person(s) to Issu (Check all applicable) X Director 10%				mar	
(Last)	(First)	(Mic	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2017						1 ^	Officer (give title below)		Other (sp below)					
3700 GLENWOOD AVENUE SUITE 530			4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person									
(Street)												Form filed	by More	e than Oi	ne Reportin	g Person	
RALEIGH	NC	270	612 ————														
(City)	(State)	(Zip)														
		Tal	ble I - Non-Der	ivative S	ecuriti	ies Acqu	ıired, Dis _l	osed c	f, or E	Benefici	ally Ov	/ned					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year			2A. Deemed Execution Date, if any		3. Transaction Code (Instr.				(-,	5. Amount of Securities Beneficially O		6. Owner Form: Di	rect Indi	7. Nature of Indirect Beneficial			
(1)			(MOIIIII/Day/Teal)	(Month/Day/Year)		8)	1 1		(A) or (D)	Price a		at end of Issuer's Fiscal Year (Instr. 3 and 4)		(D) or Indirect (I) (Instr. 4)		Ownership (Instr. 4)	
Common Stock												90,925	1)	D			
Common Stock								5,590		I B		spouse					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	onversion Date Exercise (Month/Day/Year) if (I	if any	4. Transaction Code (Instr. 8)	Dispos	tive	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Securities Unde Derivative Secu 3 and 4)		erlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	ive ties cially l ing	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
Evaluation of Bo				(A)		(D)	Date Exercisable	Expiratio Date	n Title		Amount or Number of Share	5	Transaction(s) (Instr. 4)				

1. Includes 568 shares of common stock received in 2017 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Remarks:

Harry S. Pangas, attorney-infact for Simon B. Rich, Jr.

** Signature of Reporting Person

Date

02/06/2018

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.