UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 7, 2012 (November 7, 2012)

Triangle Capital Corporation

(Exact name of registrant as specified in its charter)

	Maryland	Maryland 814-00733								
	(State or Other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)							
	3700 Glenwood Avenue, Suite 530, Ra (Address of Principal Executiv	0 ,	27612							
	•	e number, including area cod	(Zip Code) le: (919) 719-4770							
Not Applicable (Former name or former address, if changed since last report.)										
	the appropriate box below if the Form 8-K filing is the following provisions:	s intended to simultaneously s	atisfy the filing obligation of the registrant under							
	Written communications pursuant to Rule 425 un	nder the Securities Act (17 CF)	R 230.425)							
	Soliciting material pursuant to Rule 14a-12 under	the Exchange Act (17 CFR 2	40.14a-12)							
	Pre-commencement communications pursuant to	Rule 14d-2(b) under the Exch	nange Act (17 CFR 240.14d-2(b))							
	Pre-commencement communications pursuant to	Rule 13e-4(c) under the Exch	ange Act (17 CFR 240.13e-4(c))							

Item 2.02 Results of Operations and Financial Condition.

On November 7, 2012, Triangle Capital Corporation (the "Company") issued a press release announcing its financial results for the quarter ended September 30, 2012. A copy of the press release is furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in these Items 2.02 and 7.01 of Form 8-K, and Exhibit 99.1 attached hereto, are being furnished by the Company in satisfaction of the public disclosure requirements of Regulation FD and Item 2.02 of Form 8-K, insofar as they disclose historical information regarding the Company's results of operations or financial condition as of and for the quarter ended September 30, 2012.

In accordance with General Instructions B.2 and B.6 of Form 8-K, the information included in these Items 2.02 and 7.01, and Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, nor shall such information be deemed incorporated by reference into any filing made by the Company under the Securities Act of 1933, as amended, or the Exchange Act.

Item 7.01. Regulation FD Disclosure.

The disclosure contained in Item 2.02 is incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99.1 is being furnished herewith to this Current Report on Form 8-K:

Exhibit

No. Description

99.1 Press Release dated November 7, 2012 of the Company

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Triangle Capital Corporation

Date: November 7, 2012 By: /s/ Steven C. Lilly

Steven C. Lilly

Chief Financial Officer

EXHIBIT INDEX

Exhibit
No.
99.1

No. <u>Description</u>

Press Release dated November 7, 2012 of the Company

3700 Glenwood Ave., Ste. 530 Raleigh, NC 27612



TRIANGLE CAPITAL CORPORATION REPORTS THIRD QUARTER 2012 RESULTS

RALEIGH, NC - November 7, 2012, Triangle Capital Corporation (NYSE: TCAP) ("Triangle" or the "Company"), a leading provider of capital to lower middle market companies located throughout the United States, today announced its financial results for the third quarter of 2012.

Highlights

- Total Investment Portfolio: \$631.3 million
- Total Net Assets (Equity): \$418.7 million
- Net Asset Value Per Share (Book Value): \$15.33
- Weighted Average Yield on Debt Investments: 14.7%
- Efficiency Ratio (G&A Expenses/Total Investment Income): 18.1%
- Investment Portfolio Activity for the Quarter Ended September 30, 2012
 - Cost of investments made during the period: \$71.9 million
 - Principal repayments during the period: \$39.4 million
 - Investments made subsequent to quarter end: \$14.5 million
- Financial Results for the Quarter Ended September 30, 2012
 - Total investment income: \$24.3 million
 - Net investment income: \$15.9 million
 - Net investment income per share: \$0.58
 - Dividends paid per share: \$0.52
 - Net realized gains: \$1.6 million
 - Net increase in net assets resulting from operations: \$16.2 million
 - Net increase in net assets resulting from operations per share: \$0.59

In commenting on the Company's results, Garland S. Tucker, III, President and Chief Executive Officer, stated, "The third quarter of 2012 was another exceptionally strong quarter for Triangle. We were active in terms of new investments, we generated net investment income that was in excess of our dividend, we raised our dividend during the quarter, and we generated realized gains on our investment portfolio. In total, I could not be more pleased with our performance and I give great credit to our operational team for continuing to perform so well."

Third Quarter 2012 Results

Total investment income during the third quarter of 2012 was \$24.3 million, compared to total investment income of \$16.2 million for the third quarter of 2011, representing an increase of 50.0%. This increase was primarily attributable to an increase in total loan interest income due to a net increase in portfolio investments, an increase in non-recurring fee income of approximately \$1.4 million and \$0.7 million of non-recurring dividend income. On a per share basis, non-recurring dividend income for the third quarter of 2012 was approximately \$0.03.

Net investment income during the third quarter of 2012 was \$15.9 million, compared to net investment income of \$10.4 million for the third quarter of 2011, representing an increase of 52.8%. The Company's net investment income per share during the third quarter of 2012 was \$0.58 based on a weighted average share count of 27,290,493 as compared to \$0.52 per share during the third quarter of 2011, based on a weighted average share count of 20,015,230.

The Company's net increase in net assets resulting from operations was \$16.2 million during the third quarter of 2012, as compared to a net increase in net assets resulting from operations of \$17.5 million during the third quarter of 2011.

The Company's net increase in net assets resulting from operations was \$0.59 per share during the third quarter of 2012 based on a weighted average share count of 27,290,493, as compared to a net increase in net assets resulting from operations of \$0.87 per share during the third quarter of 2011, based on a weighted average share count of 20,015,230.

The Company's net asset value, or NAV, per share at September 30, 2012, was \$15.33 as compared to \$14.68 per share at December 31, 2011. As of September 30, 2012, the Company's weighted average yield on its outstanding, currently yielding, debt investments was approximately 14.7%.

Liquidity and Capital Resources

Commenting on the Company's liquidity position, Steven C. Lilly, Chief Financial Officer, stated, "Triangle's current capital structure is as strong as it has ever been. Including the effects of our recent bond offering, coupled with the liquidity provided by our new \$165 million senior credit facility, our available SBA debentures, and our cash on hand, Triangle's current available liquidity approximates \$300 million. This liquidity provides us a clear path to continue executing on our business strategy."

At September 30, 2012, the Company had cash and cash equivalents totaling \$60.1 million.

In September, 2012, the Company announced that it closed a four-year senior secured credit facility ("Credit Facility") with an initial commitment of \$165.0 million. The Credit Facility replaced the Company's existing \$75.0 million senior secured credit facility. The Credit Facility has an accordion feature which allows for an increase in the total loan size up to \$215.0 million and also contains two one-year extension options, bringing the total potential term to six years from closing. As of September 30, 2012, the Company had \$26.0 million in debt outstanding under the Credit Facility.

During the third quarter of 2012, Triangle prepaid \$30.4 million in Small Business Administration-("SBA") guaranteed debentures that bore interest at a weighted average interest rate of 6.5%. As of September 30, 2012, the Company had outstanding non-callable, fixed rate SBA guaranteed debentures totaling \$183.6 million with a weighted average interest rate of 4.5%. The Company has the ability to issue \$40.8 million in additional SBA-guaranteed debentures.

Subsequent to quarter end, Triangle filed a prospectus supplement pursuant to which \$70.0 million in aggregate principal amount of 6.375% senior unsecured notes due 2022 (the "Notes") were offered. On November 6, 2012, the underwriters fully exercised their option to purchase an additional \$10.5 million in aggregate principal amount of Notes, bringing the total offering to \$80.5 million with net proceeds to the Company of approximately \$77.8 million after deducting underwriting discounts and estimated offering expenses paid by the Company. The Notes will mature on December 15, 2022, and may be redeemed in whole or in part at any time or from time to time at the Company's option on or after December 15, 2015. The Notes bear interest at a rate of 6.375% per year payable quarterly on March 15, June 15, September 15 and December 15 of each year, beginning December 15, 2012. The Notes trade on the NYSE under the symbol "TCCA."

Dividend and Distribution Information

On August 29, 2012, Triangle announced that its board of directors had declared a cash dividend of \$0.52 per share, representing an 18.2% year-over-year increase and a 4.0% increase over the second quarter of 2012. This was the Company's twenty-third consecutive quarterly dividend since its initial public offering in February, 2007, and was the Company's thirteenth dividend increase. The dividend was payable as follows:

Record Date: September 12, 2012 Payment Date: September 26, 2012

At the time of its IPO in February, 2007, Triangle adopted a dividend reinvestment plan ("DRIP") that provides for reinvestment of dividends on behalf of its stockholders, unless a stockholder elects to receive cash. As a result, when the Company declares a cash dividend, stockholders who have not opted out of the DRIP will have their cash dividends automatically reinvested in additional shares of the Company's common stock, rather than receiving cash dividends.

When the Company declares and pays dividends, it determines the allocation of the distribution between current income, accumulated income and return of capital on the basis of accounting principles generally accepted in the United States ("GAAP"). At each year end, the Company is required for tax purposes to determine the dividend allocation based on tax accounting principles. Due to differences between GAAP and tax accounting principles, the portion of each dividend distribution that is ordinary income, capital gain or return of capital may differ for GAAP and tax purposes.

Recent Portfolio Activity

During the third quarter of 2012, Triangle made eight new investments totaling approximately \$71.9 million. During the third quarter of 2012, the Company received four loan repayments at par totaling approximately \$38.1 million and received normal principal repayments and partial loan prepayments totaling approximately \$1.3 million.

New investment transactions which occurred during the third quarter of 2012 are summarized as follows:

In July, 2012, Triangle made a \$10.0 million investment in All Aboard America! Holdings, Inc. ("All Aboard") consisting of subordinated debt and equity. All Aboard is a large regional motor coach operator that provides commuter, charter, sightseeing, and scheduled route services in both the southwestern and southern United States.

In July, 2012, Triangle made a \$5.3 million investment in Empire Facilities Management Group, Inc. ("Empire") consisting of unitranche debt and equity. Empire is a retail, restaurant, and commercial facilities maintenance and management company offering single-source facilities solutions across the continental United States, Hawaii, Alaska, Puerto Rico, Canada, and the Virgin Islands.

In July, 2012, Triangle made a \$9.5 million investment in DataSource, Inc. ("DataSource") consisting of subordinated debt and equity. DataSource provides outsourced print supply chain management services, including production, sourcing, and fulfillment of print marketing materials.

In July, 2012, Triangle made a \$7.2 million investment in Eckler Holdings, Inc. ("Eckler's") consisting of subordinated debt and equity. Eckler's is a large multi-channel marketer of restoration parts and accessories for classic and enthusiast cars and trucks. Eckler's products are primarily marketed to consumer enthusiasts and small business classic car restorers.

In July, 2012, Triangle invested \$10.0 million in My Alarm Center, LLC ("Alarm Center") consisting of subordinated debt and equity. Alarm Center provides billing, account management, technical service/repair, and call center operation services for security alarm contracts.

In August, 2012, Triangle invested \$12.0 million in Parts Now!, LLC ("Parts Now") consisting of subordinated debt and equity. Parts Now distributes original equipment manufacturer and aftermarket printer parts to service companies that repair printers and office equipment.

In September, 2012, Triangle made a \$6.0 million subordinated debt investment in DCWV Acquisition Corporation ("DCWV"). DCWV is a branded designer, marketer, and supplier of arts and crafts, do-it-yourself jewelry, and home décor products.

In September, 2012, Triangle made a \$12.0 million subordinated debt investment in Marine Acquisition Corp. ("Marine"). Marine provides aftermarket and original equipment manufacturer products for the recreational marine market.

Investments subsequent to quarter end are summarized as follows:

In October, 2012, the Company made a \$14.5 million investment in Performance Health and Wellness Holdings, Inc. and subsidiaries ("Performance Health") consisting of subordinated debt and equity. Performance Health designs, manufactures, and markets rehabilitation and wellness products.

Conference Call to Discuss Third Quarter 2012 Results

Triangle has scheduled a conference call to discuss third quarter 2012 operating and financial results for Thursday, November 8, 2012, at 9:00 a.m. ET.

To listen to the call, please dial 877-312-5521 or 253-237-1143 approximately 10 minutes prior to the start of the call. A taped replay will be made available approximately two hours after the conclusion of the call and will remain available until November 12, 2012. To access the replay, please dial 855-859-2056 or 404-537-3406 and enter the passcode 36932645.

Triangle's quarterly results conference call will also be available via a live webcast on the investor relations section of its website at http://ir.tcap.com/events.cfm. Access the website 15 minutes prior to the start of the call to download and

install any necessary audio software. An archived webcast replay will be available on the Company's website until November 30, 2012.

About Triangle Capital Corporation

Triangle Capital Corporation (www.TCAP.com) invests capital in established companies in the lower middle market to fund growth, changes of control and other corporate events. Triangle offers a wide variety of investment structures with a primary focus on mezzanine financing with equity components. Triangle's investment objective is to seek attractive returns by generating current income from debt investments and capital appreciation from equity related investments. Triangle's investment philosophy is to partner with business owners, management teams and financial sponsors to provide flexible financing solutions. Triangle typically invests \$5.0 million - \$25.0 million per transaction in companies with annual revenues between \$20.0 million and \$200.0 million and EBITDA between \$3.0 million and \$20.0 million.

Triangle has elected to be treated as a business development company under the Investment Company Act of 1940 ("1940 Act"). Triangle is required to comply with a series of regulatory requirements under the 1940 Act as well as applicable NYSE, federal and state laws and regulations. Triangle has elected to be treated as a regulated investment company under the Internal Revenue Code of 1986. Failure to comply with any of the laws and regulations that apply to Triangle could have a material adverse effect on Triangle and its stockholders.

Forward Looking Statements

This press release may contain forward looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Any such statements, other than statements of historical fact, are likely to be affected by other unknowable future events and conditions, including elements of the future that are or are not under the Company's control, and that the Company may or may not have considered; accordingly, such statements cannot be guarantees or assurances of any aspect of future performance. Actual developments and results are highly likely to vary materially from these estimates and projections of the future and some of these uncertainties are enumerated in Triangle's filings with the Securities and Exchange Commission. Certain factors that could cause actual results to differ materially from those contained in the forward-looking statements are included in our annual reports on Form 10-K, quarterly reports on Form 10-Q and current reports on Form 8-K, each as filed with the Securities and Exchange Commission. Copies are available on the SEC's website at www.sec.gov and shareholders may receive a hard copy of the completed audited financial statements free of charge upon request to the Company at 3700 Glenwood Avenue, Suite 530, Raleigh, NC 27612. Such statements speak only as of the time when made, and the Company undertakes no obligation to update any such statement now or in the future.

Contacts

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Steven C. Lilly Chief Financial Officer 919-719-4789 slilly@tcap.com

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TRIANGLE CAPITAL CORPORATION Consolidated Balance Sheets

	September 30, 2012		De	December 31, 2011		
		(Unaudited)				
Assets:						
Investments at fair value:						
Non-Control / Non-Affiliate investments (cost of \$485,599,055 and \$389,312,451 at						
September 30, 2012 and December 31, 2011, respectively)	\$	498,027,652	\$	396,502,490		
Affiliate investments (cost of \$126,931,742 and \$97,751,264 at September 30, 2012 and						
December 31, 2011, respectively)		128,065,635		103,266,298		
Control investments (cost of \$11,462,759 and \$11,278,339 at September 30, 2012 and		5 216 666		7 200 797		
December 31, 2011, respectively) Total investments at fair value		5,216,666	_	7,309,787		
		631,309,953		507,078,575		
Cash and cash equivalents		60,110,779		66,868,340		
Interest and fees receivable		3,969,957		1,883,395		
Prepaid expenses and other current assets		451,017		623,318		
Deferred financing fees		8,635,658		6,682,889		
Property and equipment, net		54,826		58,304		
Total assets	\$	704,532,190	\$	583,194,821		
Liabilities:						
Accounts payable and accrued liabilities	\$	4,885,429	\$	4,116,822		
Interest payable		857,450		3,521,932		
Taxes payable		307,000		1,402,866		
Deferred income taxes		1,220,454		628,742		
Borrowings under credit facility		26,000,000		15,000,000		
Senior notes		69,000,000		_		
SBA-guaranteed debentures payable		183,559,252		224,237,504		
Total liabilities		285,829,585		248,907,866		
Net Assets:						
Common stock, \$0.001 par value per share (150,000,000 shares authorized, 27,320,385 and 22,774,726 shares issued and outstanding as of September 30, 2012 and December 31, 2011,						
respectively)		27,320		22,775		
Additional paid-in-capital		398,842,128		318,297,269		
Investment income in excess of distributions		7,501,895		6,847,486		
Accumulated realized gains on investments		6,235,321		1,011,649		
Net unrealized appreciation of investments		6,095,941		8,107,776		
Total net assets		418,702,605		334,286,955		
Total liabilities and net assets	\$	704,532,190	\$	583,194,821		

TRIANGLE CAPITAL CORPORATION Unaudited Consolidated Statements of Operations

	Three Months Ended September 30, 2012		Three Months Ended September 30, 2011		Nine Months Ended September 30, 2012		Nine Months Ended September 30, 2011	
Investment income:								
Loan interest, fee and dividend income:								
Non-Control / Non-Affiliate investments	\$	16,376,768	\$	10,715,995	\$	44,401,267	\$	30,690,335
Affiliate investments		3,838,341		2,409,455		9,508,295		5,508,253
Control investments		49,384		96,535		161,375		1,243,396
Total loan interest, fee and dividend income		20,264,493		13,221,985		54,070,937		37,441,984
Payment-in-kind interest income:								
Non-Control / Non-Affiliate investments		3,017,120		2,217,084		8,454,799		5,585,410
Affiliate investments		946,345		668,660		2,470,663		1,613,555
Control investments		20,250		18,592		60,221		137,393
Total payment-in-kind interest income		3,983,715		2,904,336		10,985,683		7,336,358
Interest income from cash and cash equivalent investments		78,500		94,489		344,407		281,611
Total investment income		24,326,708		16,220,810		65,401,027		45,059,953
Expenses:								
Interest and other financing fees		4,046,885		2,901,089		11,502,245		7,796,997
General and administrative expenses		4,403,469		2,927,465		11,778,156		8,761,462
Total expenses		8,450,354		5,828,554		23,280,401		16,558,459
Net investment income		15,876,354		10,392,256		42,120,626		28,501,494
Net realized gain on investments – Non–Control / Non–Affiliate		816,393		1,011,649		3,600,501		1,839,248
Net realized gain on investments – Affiliate		785,132		_		785,132		_
Net realized gain (loss) on investments – Control		_		(2,997,979)		838,039		9,155,191
Net unrealized appreciation (depreciation) of investments		(586,937)		9,030,048		(2,011,835)		4,966,744
Total net gain on investments		1,014,588		7,043,718		3,211,837		15,961,183
Loss on extinguishment of debt		(624,768)		_		(829,811)		(157,590)
Income tax benefit (provision)		(34,388)		34,269		(27,157)		61,628
Net increase in net assets resulting from operations	\$	16,231,786	\$	17,470,243	\$	44,475,495	\$	44,366,715
Net investment income per share—basic and diluted	\$	0.58	\$	0.52	\$	1.59	\$	1.54
Net increase in net assets resulting from operations per share—basic and diluted	\$	0.59	\$	0.87	\$	1.68	\$	2.40
Dividends declared per common share	\$	0.52	\$	0.44	\$	1.49	\$	1.30
Weighted average number of shares outstanding—basic and diluted		27,290,493		20,015,230		26,545,542		18,489,842

TRIANGLE CAPITAL CORPORATION Unaudited Consolidated Statements of Cash Flows

	Nine Months Ended September 30, 2012			Nine Months Ended September 30, 2011		
Cash flows from operating activities:						
Net increase in net assets resulting from operations	\$	44,475,495	\$	44,366,715		
Adjustments to reconcile net increase in net assets resulting from operations to net cash used in operating activities:						
Purchases of portfolio investments		(228,510,522)		(184,144,674)		
Repayments received/sales of portfolio investments		113,898,080		63,434,578		
Loan origination and other fees received		3,565,896		3,689,444		
Net realized (gain) loss on investments		(5,223,672)		(10,994,439)		
Net unrealized depreciation (appreciation) of investments		1,420,124		(5,049,919)		
Deferred income taxes		591,712		83,173		
Payment-in-kind interest accrued, net of payments received		(5,501,302)		(3,452,028)		
Amortization of deferred financing fees		789,479		724,663		
Loss on extinguishment of debt		829,811		_		
Accretion of loan origination and other fees		(2,397,275)		(1,029,151)		
Accretion of loan discounts		(1,482,707)		(843,534)		
Accretion of discount on SBA-guaranteed debentures payable		131,748		128,528		
Depreciation expense		24,145		21,170		
Stock-based compensation		2,074,927		1,409,654		
Changes in operating assets and liabilities:						
Interest and fees receivable		(2,086,562)		(1,460,945)		
Prepaid expenses		172,301		(389,127)		
Accounts payable and accrued liabilities		768,607		393,049		
Interest payable		(2,664,482)		(1,574,400)		
Deferred revenue		(1.005.066)		7,718		
Taxes payable	_	(1,095,866)	_	(191,672)		
Net cash used in operating activities	_	(80,220,063)	_	(94,871,197)		
Cash flows from investing activities:		(2.0. 6.0.)		(2.2.2.5)		
Purchases of property and equipment	_	(20,667)	_	(23,267)		
Net cash used in investing activities	_	(20,667)		(23,267)		
Cash flows from financing activities:						
Borrowings under SBA-guaranteed debentures payable				31,100,000		
Repayments of SBA-guaranteed debentures payable		(40,810,000)		(9,500,000)		
Borrowings under credit facility		26,000,000		_		
Repayments of credit facility		(15,000,000)		_		
Proceeds from senior notes		69,000,000				
Financing fees paid		(3,572,059)		(1,265,628)		
Proceeds from public stock offerings, net of expenses		77,122,974		128,659,873		
Common stock withheld for payroll taxes upon vesting of restricted stock		(1,111,444)		(643,308)		
Cash dividends paid	_	(38,146,302)	_	(22,827,618)		
Net cash provided by financing activities	_	73,483,169	_	125,523,319		
Net increase (decrease) in cash and cash equivalents		(6,757,561)		30,628,855		
Cash and cash equivalents, beginning of period	\$	66,868,340	_	54,820,222		
Cash and cash equivalents, end of period		60,110,779	\$	85,449,077		
Supplemental disclosure of cash flow information:						
Cash paid for interest	\$	12,999,240	\$	8,675,796		
Summary of non-cash financing transactions:						
Dividends paid through DRIP share issuances	\$	2,462,947	\$	3,082,624		