UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 5, 2014 (November 5, 2014)

Triangle Capital Corporation

(Exact name of registrant as specified in its charter)

(Maryland State or Other Jurisdiction of Incorporation)	814-00733 (Commission File Number)	06-1798488 (IRS Employer Identification No.)									
	3700 Glenwood Avenue, Suite 530, Raleig (Address of Principal Executive C	3 /	27612 (Zip Code)									
	Registrant's telephone number, including area code: (919) 719-4770 Not Applicable (Former name or former address, if changed since last report.)											
	he appropriate box below if the Form 8-K filing is in the following provisions:	tended to simultaneously satisfy the filing obligat	ion of the registrant under									
	Written communications pursuant to Rule 425 under	the Securities Act (17 CFR 230.425)										
	Soliciting material pursuant to Rule 14a-12 under the	e Exchange Act (17 CFR 240.14a-12)										
	Pre-commencement communications pursuant to Ru	ale 14d-2(b) under the Exchange Act (17 CFR 240	0.14d-2(b))									
	Pre-commencement communications pursuant to Ru	ile 13e-4(c) under the Exchange Act (17 CFR 240	0.13e-4(c))									

Item 2.02. Results of Operations and Financial Condition.

On November 5, 2014, Triangle Capital Corporation (the "Company") issued a press release announcing its financial results for the quarter ended September 30, 2014. A copy of the press release is furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in these Items 2.02 and 7.01 of Form 8-K, and Exhibit 99.1 attached hereto, are being furnished by the Company in satisfaction of the public disclosure requirements of Regulation FD and Item 2.02 of Form 8-K, insofar as they disclose historical information regarding the Company's results of operations or financial condition as of and for the quarter ended September 30, 2014.

In accordance with General Instructions B.2 and B.6 of Form 8-K, the information included in these Items 2.02 and 7.01, and Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, nor shall such information be deemed incorporated by reference into any filing made by the Company under the Exchange Act or the Securities Act of 1933, as amended.

Item 7.01. Regulation FD Disclosure.

The disclosure contained in Item 2.02 is incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

The following exhibit 99.1 is being furnished herewith to this Current Report on Form 8-K:

Exhibit

No. Description

99.1 Press Release dated November 5, 2014 of the Company

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Triangle Capital Corporation

Date: November 5, 2014 By: /s/ Steven C. Lilly

Steven C. Lilly

Chief Financial Officer

EXHIBIT INDEX

Exhibit No. Description

Press Release dated November 5, 2014 of the Company 99.1

3700 Glenwood Ave., Ste. 530 Raleigh, NC 27612



TRIANGLE CAPITAL CORPORATION REPORTS THIRD QUARTER 2014 RESULTS

RALEIGH, NC - November 5, 2014, Triangle Capital Corporation (NYSE: TCAP) ("Triangle" or the "Company"), a leading provider of capital to lower middle market companies, today announced its financial results for the third quarter of 2014.

Highlights

- Total Investment Portfolio at Fair Value: \$841.6 million
- Total Net Assets (Equity): \$547.4 million
- Net Asset Value Per Share (Book Value): \$16.64
- Weighted Average Yield on Debt Investments:
- Efficiency Ratio (G&A Expenses/Total Investment Income): 16.7%
- Investment Portfolio Activity for the Quarter Ended September 30, 2014
 - Cost of investments made during the period: \$180.8 million
 - Principal repayments during the period: \$36.9 million
 - Proceeds related to the sale of equity investments during the period: \$13.0 million
- Non-Accrual Assets as a Percentage of Total Portfolio Cost / Fair Value: 8.3% / 3.8%
- Financial Results for the Quarter Ended September 30, 2014
 - Total investment income: \$24.9 million
 - Net investment income: \$15.4
 - million
 Net investment income per share:
 \$0.51
 - Regular quarterly dividend per share: \$0.54
 - Supplemental dividend per share: \$0.05
 - Net realized gains: \$5.0 million
 - Net decrease in net assets resulting from operations: \$8.8 million
 - Net decrease in net assets resulting from operations per share: \$0.29

In commenting on the Company's results, Garland S. Tucker, III, Chairman and Chief Executive Officer, stated, "The third quarter of 2014 was extremely active for Triangle. We originated a record \$181 million of new investments, we recognized approximately \$5 million of net realized gains, we raised approximately \$128 million of additional equity capital, and we maintained our low efficiency ratio. We also experienced some challenges with certain legacy investments which resulted in a higher portfolio non-accrual rate and we continued to experience some of the top line interest rate compression that many other Business Development Companies are experiencing. As we look toward year-end 2014 and the first half of 2015, we expect our \$0.59 per share quarterly and supplemental dividends to continue to remain stable. Obviously, should our non-accrual assets successfully work through their situations, then we would expect to revisit our dividend guidance with a renewed focus on growth."

Third Quarter 2014 Results

Total investment income during the third quarter of 2014 was \$24.9 million, compared to total investment income of \$27.3 million for the third quarter of 2013, representing a decrease of 8.9%. This decrease was primarily attributable to a \$4.2 million decrease in non-recurring fee and dividend income, a \$1.9 million decrease in investment income relating to non-accrual assets and a decrease in the weighted average yield on debt investments from September 30, 2013 to September 30, 2014. These decreases were partially offset by an increase in

Net investment income during the third quarter of 2014 was \$15.4 million, compared to net investment income of \$16.8 million for the third quarter of 2013, representing a decrease of 8.1%. The Company's net investment income per share during the third quarter of 2014 was \$0.51, based on a weighted average share count of 30.4 million, as compared to \$0.61 per share during the third quarter of 2013, based on a weighted average share count of 27.6 million.

The Company's net decrease in net assets resulting from operations was \$8.8 million during the third quarter of 2014, as compared to a net increase in net assets resulting from operations of \$23.2 million during the third quarter of 2013. The Company's net decrease in net assets resulting from operations was \$0.29 per share during the third quarter of 2014, as compared to a net increase in net assets resulting from operations of \$0.84 per share during the third quarter of 2013.

The Company's net asset value, or NAV, at September 30, 2014, was \$16.64 per share as compared to \$16.10 per share at December 31, 2013. As of September 30, 2014, the Company's weighted average yield on its outstanding, currently yielding, debt investments was approximately 13.2%.

Liquidity and Capital Resources

At September 30, 2014, the Company had cash and cash equivalents totaling \$84.0 million and \$154.2 million of remaining borrowing capacity under its \$165.0 million credit facility.

As of September 30, 2014, the Company had outstanding non-callable, fixed-rate SBA-guaranteed debentures totaling \$224.7 million with a weighted average interest rate of 4.03%.

Dividend Information

On August 27, 2014, Triangle announced that its board of directors had declared cash dividends totaling \$0.59 per share, consisting of a regular quarterly dividend of \$0.54 per share and a supplemental dividend of \$0.05 per share. The regular quarterly dividend was the Company's 31st consecutive quarterly dividend since its initial public offering in February, 2007. The record date for both the regular quarterly dividend and the supplemental dividend was September 10, 2014, and payment date was September 24, 2014.

As previously announced, Triangle intends to pay shareholders an additional \$0.05 per share on a quarterly basis (\$0.20 per share on an annual basis) for at least the next three years beginning with the third quarter of 2014. The supplemental dividends are expected to be declared and paid in connection with, and in addition to, Triangle's regular quarterly dividends.

Recent Portfolio Activity

During the third quarter of 2014, Triangle made 11 new investments totaling \$175.1 million, and four investments in existing portfolio companies totaling approximately \$5.7 million. Also during the third quarter of 2014, the Company received four repayments totaling approximately \$35.6 million and received normal principal repayments and partial loan prepayments totaling \$1.3 million. In addition, the Company received proceeds related to the sales of certain securities totaling \$13.0 million and recognized net realized gains totaling approximately \$5.0 million.

New investment transactions during the third quarter of 2014 are summarized as follows:

In July, 2014, the Company made a \$22.0 million subordinated debt investment in GST AutoLeather, Inc. ("GST"). GST is a global supplier of interior leather to the automotive market.

In July and August, 2014, the Company made unitranche debt investments totaling \$21.8 million in DLC Acquisition, LLC ("DLC"). DLC is a finance and accounting staffing firm that provides project execution capabilities in financial planning analysis, financial accounting and reporting, financial systems implementation, and process documentation and redesign services.

In July, 2014, the Company made a \$4.5 million investment in DPII Holdings, LLC ("DPII") consisting of subordinated debt and equity. DPII is a satellite communications company.

In July, 2014, the Company made a \$17.6 million investment in CWS Acquisition Corporation ("CWS") consisting of subordinated debt and equity. CWS is a manufacturer of custom windows, sliding doors and related products.

In August, 2014, the Company made a \$16.9 million subordinated debt investment in Captek Softgel International, Inc. ("Captek") as part of a recapitalization financing. Captek is an integrated manufacturer, packager and marketer of custom designed softgel nutraceutical products.

In August, 2014, the Company made a \$13.8 million subordinated debt investment in Huron, Inc. ("Huron"). Huron supplies tubular assembles, valves and precision machined components for the North American automotive market.

In August, 2014, the Company made a \$15.0 million subordinated debt investment in TACH Holdings, Inc. ("TACH"), as part of a recapitalization financing. TACH is an environmental consulting company that specializes in industrial air quality issues and offers consulting, software, and training in air quality, including dispersion modeling, permitting, and compliance assessments.

In August, 2014, the Company made an \$11.0 million investment in Tate's Bake Shop ("Tate's") consisting of subordinated debt and equity. Tate's is a premium, consumer branded producer of gourmet cookies and other baked goods marketed throughout the United States.

In September, 2014, the Company made a \$15.4 million investment in The Cook & Boardman Group, LLC ("C&B") consisting of subordinated debt and equity. C&B is a specialty distributor of commercial metal and wood doors, door frames, door hardware and related products, including access control devices and specialty products.

In September, 2014, the Company made a \$21.8 million investment in Playhaven, LLC consisting of unitranche debt and equity. Playhaven provides technology to mobile game developers to intelligently manage player acquisition, engagement and monetization.

In September, 2014, the Company made a \$15.5 million investment in TCFI Merlin LLC ("Merlin") consisting of unitranche debt and equity. Merlin provides specialty staffing services to military and civilian offices to support manned and unmanned aircraft programs.

New portfolio investments subsequent to quarter end are summarized as follows:

In October, 2014, the Company made a \$15.5 million investment in Halcyon Healthcare ("Halcyon") consisting of unitranche debt and equity. Halcyon, based in Atlanta, GA, is a provider of hospice services.

Conference Call to Discuss Third Quarter 2014 Results

Triangle has scheduled a conference call to discuss third quarter 2014 operating and financial results for Thursday, November 6, 2014, at 9:00 a.m. ET.

To listen to the call, please dial 877-312-5521 or 253-237-1143 approximately 10 minutes prior to the start of the call. A taped replay will be made available approximately two hours after the conclusion of the call and will remain available until November 10, 2014. To access the replay, please dial 855-859-2056 or 404-537-3406 and enter the passcode 20936312.

Triangle's quarterly results conference call will also be available via a live webcast on the investor relations section of its website at http://ir.tcap.com/events.cfm. Access the website 15 minutes prior to the start of the call to download and install any necessary audio software. An archived webcast replay will be available on the Company's website until December 5, 2014.

About Triangle Capital Corporation

Triangle Capital Corporation (www.TCAP.com) invests capital in established companies in the lower middle market to fund growth, changes of control and other corporate events. Triangle offers a wide variety of investment structures with a primary focus on mezzanine financing with equity components. Triangle's investment objective is to seek attractive returns by generating current income from debt investments and capital appreciation from equity related investments. Triangle's investment philosophy is to partner with business owners, management teams and financial sponsors to provide flexible financing solutions. Triangle typically invests \$5.0 million - \$35.0 million per transaction in companies with annual revenues between \$20.0 million and \$200.0 million and EBITDA between \$3.0 million and \$35.0 million.

Triangle has elected to be treated as a business development company under the Investment Company Act of 1940 ("1940 Act"). Triangle is required to comply with a series of regulatory requirements under the 1940 Act as well as applicable

NYSE, federal and state laws and regulations. Triangle has elected to be treated as a regulated investment company under the Internal Revenue Code of 1986. Failure to comply with any of the laws and regulations that apply to Triangle could have a material adverse effect on Triangle and its stockholders.

Forward Looking Statements

This press release may contain forward looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Any such statements, other than statements of historical fact, are likely to be affected by other unknowable future events and conditions, including elements of the future that are or are not under the Company's control, and that the Company may or may not have considered; accordingly, such statements cannot be guarantees or assurances of any aspect of future performance. Actual developments and results are highly likely to vary materially from these estimates and projections of the future and some of these uncertainties are enumerated in Triangle's filings with the Securities and Exchange Commission. Certain factors that could cause actual results to differ materially from those contained in the forward-looking statements are included in our annual reports on Form 10-K, quarterly reports on Form 10-Q and current reports on Form 8-K, each as filed with the Securities and Exchange Commission. Copies are available on the SEC's website at www.sec.gov and stockholders may receive a hard copy of the completed audited financial statements free of charge upon request to the Company at 3700 Glenwood Avenue, Suite 530, Raleigh, NC 27612. Such statements speak only as of the time when made, and the Company undertakes no obligation to update any such statement now or in the future.

Contacts

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Steven C. Lilly Chief Financial Officer 919-719-4789 slilly@tcap.com

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TRIANGLE CAPITAL CORPORATION Consolidated Balance Sheets

	September 30, 2014		De	cember 31, 2013
	(Unaudited)			
Assets:				
Investments at fair value:				
Non-Control / Non-Affiliate investments (cost of \$702,046,342 and \$528,021,069 at				
September 30, 2014 and December 31, 2013, respectively)	\$	683,606,374	\$	546,043,946
Affiliate investments (cost of \$143,870,717 and \$107,418,051 at September 30, 2014 and December 31, 2013, respectively)		146,887,741		107,536,534
Control investments (cost of \$17,223,222 and \$18,378,665 at September 30, 2014 and December 31, 2013, respectively)		11,128,000		10,792,709
Total investments at fair value		841,622,115		664,373,189
Cash and cash equivalents		84,012,141		133,304,346
Interest and fees receivable		4,491,235		5,255,760
Prepaid expenses and other current assets		643,796		831,544
Deferred financing fees		10,639,376		11,063,716
Property and equipment, net		97,757		60,525
Total assets	\$	941,506,420	\$	814,889,080
Liabilities:				
Accounts payable and accrued liabilities	\$	3,800,689	\$	7,493,928
Interest payable		1,089,844		3,017,645
Taxes payable		428,033		1,064,544
Deferred income taxes		3,751,194		3,514,376
Borrowings under credit facility		10,754,616		11,221,246
Notes		149,500,000		149,500,000
SBA-guaranteed debentures payable		224,732,468		193,285,211
Total liabilities		394,056,844		369,096,950
Commitments and contingencies				
Net Assets:				
Common stock, \$0.001 par value per share (150,000,000 shares authorized, 32,906,347 and 27,697,483 shares issued and outstanding as of September 30, 2014 and December 31, 2013,				
respectively)		32,906		27,697
Additional paid in capital		540,704,815		409,042,893
Investment income in excess of distributions		13,283,742		8,610,735
Accumulated realized gains		17,826,437		20,665,371
Net unrealized appreciation (depreciation)		(24,398,324)		7,445,434
Total net assets	547,449,576			445,792,130
Total liabilities and net assets	\$	941,506,420	\$	814,889,080
Net asset value per share	\$	16.64	\$	16.10

TRIANGLE CAPITAL CORPORATION Unaudited Consolidated Statements of Operations

		Three Months Ended September 30, 2014		Three Months Ended September 30, 2013		Nine Months Ended September 30, 2014		Nine Months Ended eptember 30, 2013
Investment income:								
Loan interest, fee and dividend income:								
Non-Control / Non-Affiliate investments	\$	17,482,268	\$	19,933,576	\$	51,282,601	\$	56,817,499
Affiliate investments		3,436,198		2,710,338		9,812,581		8,919,819
Control investments		139,742		50,334		928,937		145,899
Total loan interest, fee and dividend income		21,058,208		22,694,248		62,024,119		65,883,217
Payment-in-kind interest income:								
Non-Control / Non-Affiliate investments		3,087,464		3,591,182		9,489,524		10,076,655
Affiliate investments		668,201		942,609		2,135,374		2,882,719
Control investments				6,058	_	12,071	_	17,886
Total payment-in-kind interest income		3,755,665		4,539,849		11,636,969		12,977,260
Interest income from cash and cash equivalent investments		61,897		81,071		193,393		176,774
Total investment income		24,875,770		27,315,168		73,854,481		79,037,251
Operating expenses:								
Interest and other financing fees		5,292,967		4,997,620		15,591,022		15,098,655
General and administrative expenses		4,166,165		5,537,980		14,345,132		15,653,640
Total operating expenses		9,459,132		10,535,600		29,936,154		30,752,295
Net investment income		15,416,638		16,779,568		43,918,327		48,284,956
Realized and unrealized gains (losses) on investments and foreign currency borrowings:								
Net realized gains (losses):		5 001 540		1.006.220		16066004		4.012.700
Non-Control / Non-Affiliate investments		5,231,548		1,006,339		16,966,024		4,013,789
Affiliate investments		(200,000)		17,811		28,252		4,613,810
Control investments	_	<u> </u>	_	1.024.150	_	(208,553)	_	(2,290,919)
Net realized gains (losses)		5,031,548		1,024,150		16,785,723		6,336,680
Net unrealized appreciation (depreciation): Investments		(20, (20, 429)		4 902 907		(22 210 200)		0.776.140
		(29,639,438)		4,892,807		(32,310,388)		8,776,148
Foreign currency borrowings Net unrealized appreciation (depreciation)	_	501,364	_	(11,274)	_	466,630	_	(11,274)
Net unrealized appreciation (depreciation)		(29,138,074)		4,881,533		(31,843,758)		8,764,874
Net realized and unrealized gains (losses) on investments and								
foreign currency borrowings		(24,106,526)		5,905,683		(15,058,035)		15,101,554
Loss on extinguishment of debt		_		_		_		(412,673)
Benefit (provision) for taxes	_	(122,439)		486,413	_	(975,782)		466,110
Net increase (decrease) in net assets resulting from operations	\$	(8,812,327)	\$	23,171,664	\$	27,884,510	\$	63,439,947
Net investment income per share—basic and diluted	\$	0.51	\$	0.61	\$	1.53	\$	1.75
Net increase (decrease) in net assets resulting from operations per share—basic and diluted	\$	(0.29)	\$	0.84	\$	0.97	\$	2.30
Dividends/distributions paid per share:								
Regular quarterly dividends/distributions	\$	0.54	\$	0.54	\$	1.62	\$	1.62
Supplemental dividends/distributions		0.05		_		0.35		_
Total dividends/distributions	\$	0.59	\$	0.54	\$	1.97	\$	1.62
Weighted average number of shares outstanding—basic and diluted		30,412,036		27,619,464		28,718,753		27,541,442

TRIANGLE CAPITAL CORPORATION Unaudited Consolidated Statements of Cash Flows

	Nine Months Ended September 30, 2014			Nine Months Ended September 30, 2013
Cash flows from operating activities:				
Net increase in net assets resulting from operations	\$	27,884,510	\$	63,439,947
Adjustments to reconcile net increase in net assets resulting from operations to net cash used				
in operating activities:				
Purchases of portfolio investments		(345,617,501)		(112,405,369)
Repayments received/sales of portfolio investments		154,891,195		210,113,002
Loan origination and other fees received		5,669,609		1,221,431
Net realized gain on investments		(16,785,723)		(6,336,680)
Net unrealized depreciation (appreciation) on investments		32,073,570		(10,213,928)
Net unrealized depreciation (appreciation) on foreign currency borrowings		(466,630)		11,274
Deferred income taxes		236,818		1,437,780
Payment-in-kind interest accrued, net of payments received		(3,965,352)		(1,459,624)
Amortization of deferred financing fees		1,225,815		1,154,021
Loss on extinguishment of debt		_		412,673
Accretion of loan origination and other fees		(2,705,077)		(3,447,435)
Accretion of loan discounts		(809,647)		(1,144,867)
Accretion of discount on SBA-guaranteed debentures payable		137,257		134,310
Depreciation expense		33,412		30,417
Stock-based compensation		4,334,437		2,817,267
Changes in operating assets and liabilities:				
Interest and fees receivable		764,525		(1,235,105)
Prepaid expenses and other current assets		187,748		(382,869)
Accounts payable and accrued liabilities		(3,693,239)		723,138
Interest payable		(1,927,801)		(2,063,979)
Taxes payable		(636,511)		(3,170,740)
Net cash provided by (used in) operating activities		(149,168,585)		139,634,664
Cash flows from investing activities:		_		
Purchases of property and equipment		(70,644)		(29,056)
Net cash used in investing activities		(70,644)		(29,056)
Cash flows from financing activities:				
Borrowings under SBA-guaranteed debentures payable		31,310,000		_
Repayments of SBA-guaranteed debentures payable		_		(20,500,000)
Borrowings under credit facility		20,000,000		11,625,654
Repayments of credit facility		(20,000,000)		_
Financing fees paid		(801,475)		(684,294)
Proceeds from public stock offerings, net of expenses		127,821,377		_
Common stock withheld for payroll taxes upon vesting of restricted stock		(2,608,031)		_
Cash dividends/distributions paid		(55,774,847)		(42,326,953)
Net cash provided by (used in) financing activities		99,947,024		(51,885,593)
Net increase (decrease) in cash and cash equivalents		(49,292,205)		87,720,015
Cash and cash equivalents, beginning of period		133,304,346		72,300,423
Cash and cash equivalents, end of period	\$	84,012,141	\$	160,020,438
Supplemental disclosure of cash flow information:		, -,- -1	_	,0,0
Cash paid for interest	\$	15,625,243	\$	15,374,816
Summary of non-cash financing transactions:	ψ	10,020,270	Ψ	15,5/7,010
	¢	2 110 240	¢	2 262 200
Dividends/distributions paid through DRIP share issuances	\$	2,119,348	\$	2,362,288