# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 8-K

#### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 4, 2016 (May 4, 2016)

### **Triangle Capital Corporation**

814-00733

(Commission

Maryland

(State or Other Jurisdiction

(Exact name of registrant as specified in its charter)

06-1798488

(IRS Employer

or moor por muon,	The Tumbery	Tuesticulous 1 (01)
3700 Glenwood Avenue	e, Suite 530, Raleigh, North Carolina	27612
(Address of	(Zip Code)	
Registra	ant's telephone number, including area code: (91	9) 719-4770
	Not Applicable (Former name or former address, if changed since last repo	ort.)
the appropriate box below if the Fo	orm 8-K filing is intended to simultaneously satisfy the	he filing obligation of the registrant under
Written communications pursuan	t to Rule 425 under the Securities Act (17 CFR 230.4	425)
Soliciting material pursuant to Ru	ale 14a-12 under the Exchange Act (17 CFR 240.14a	-12)
Pre-commencement communicati	ons pursuant to Rule 14d-2(b) under the Exchange A	Act (17 CFR 240.14d-2(b))
Pre-commencement communicati	ons pursuant to Rule 13e-4(c) under the Exchange A	act (17 CFR 240.13e-4(c))

#### Item 2.02. Results of Operations and Financial Condition.

On May 4, 2016, Triangle Capital Corporation (the "Company") issued a press release announcing its financial results for the quarter ended March 31, 2016. A copy of the press release is furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

The information in these Items 2.02 and 7.01 of Form 8-K, and Exhibit 99.1 attached hereto, are being furnished by the Company in satisfaction of the public disclosure requirements of Regulation FD and Item 2.02 of Form 8-K, insofar as they disclose historical information regarding the Company's results of operations or financial condition as of and for the quarter ended March 31, 2016.

In accordance with General Instructions B.2 and B.6 of Form 8-K, the information included in these Items 2.02 and 7.01, and Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, nor shall such information be deemed incorporated by reference into any filing made by the Company under the Exchange Act or the Securities Act of 1933, as amended.

#### Item 7.01. Regulation FD Disclosure.

The disclosure contained in Item 2.02 is incorporated herein by reference.

#### Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

The following exhibit 99.1 is being furnished herewith to this Current Report on Form 8-K:

Exhibit

No. Description

99.1 Press Release dated May 4, 2016 of the Company

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Triangle Capital Corporation

Date: May 4, 2016 By: /s/ Steven C. Lilly

Steven C. Lilly

Chief Financial Officer

#### EXHIBIT INDEX

Exhibit No. Description

99.1 Press Release dated May 4, 2016 of the Company

3700 Glenwood Ave., Ste. 530 Raleigh, NC 27612



### TRIANGLE CAPITAL CORPORATION REPORTS FIRST QUARTER 2016 RESULTS AND ANNOUNCES ADJUSTMENT OF QUARTERLY DIVIDEND TO \$0.45 PER SHARE

RALEIGH, NC - May 4, 2016, Triangle Capital Corporation (NYSE: TCAP) ("Triangle" or the "Company"), a leading provider of capital to lower middle market companies, today announced its financial and operating results for the first quarter of 2016.

#### **Highlights**

- Total Investment Portfolio: \$940.0 million
- Total Net Assets (Equity): \$504.3 million
- Net Asset Value Per Share (Book Value): \$15.02
- Weighted Average Yield on Debt Investments: 12.3%
- Efficiency Ratio (G&A Expenses/Total Investment Income): 39.5%
- Efficiency Ratio excluding expenses related to the previously announced retirement of Garland S. Tucker, III:
   19.1%
- Investment Portfolio Activity for the Quarter Ended March 31, 2016
  - Cost of investments made during the period: \$11.8 million
  - Principal repayments (excluding PIK interest repayments) during the period: \$48.7
  - Proceeds related to the sale of equity investments during the period: \$4.9 million
- Non-Accrual Assets as a Percentage of Total Portfolio Cost and Fair Value: 3.6% and 0.9%, respectively
- Financial Results for the Quarter Ended March 31, 2016
  - Total investment income: \$26.7 million
  - Net investment income: \$9.6 million
  - Net investment income per share:
  - Net investment income per share excluding expenses related to the previously announced retirement of Mr. Tucker: \$0.45
  - Net realized gains: \$0.6 million
  - Net increase in net assets resulting from operations: \$12.4 million
  - Net increase in net assets resulting from operations per share: \$0.37

In commenting on Triangle's activities during the first quarter, E. Ashton Poole, President and CEO, stated, "Triangle experienced slow new investment activity, relatively active add-on investment activity, and a slight overall write-up in the fair value of our investment portfolio. As we move into the second quarter, M&A activity has picked up meaningfully and our investment professionals are busy analyzing new investment opportunities. As a result, we believe the balance of 2016 may prove to be quite active from a new investment perspective."

With respect to the Company's announced adjustment of its quarterly dividend, Mr. Poole stated, "One of the hallmarks of Triangle has been the Company's long-standing policy of generating net investment income in excess of its dividends. Since 2013, the market pricing for our type of investments has changed from 14%-15% to 11%-13%. As a result, given that our quarterly earnings power is lower in today's market environment, we believe it is appropriate to adjust our dividend to a foundational level from which we can grow in the future. In making this adjustment, we feel it is important to recognize that since its IPO Triangle has generated cumulative base dividends for shareholders that are 58% higher than the BDC industry average for those BDCs that have been public over the same period of time. In addition, Triangle has paid shareholders supplemental distributions of capital gains totaling approximately \$18 million, or \$0.60 per share, since January 2014. By taking this pro-active step to adjust our dividend we can continue to operate from a position of strength as we grow our investment portfolio."



#### First Quarter 2016 Results

Total investment income during the first quarter of 2016 was \$26.7 million, compared to total investment income of \$30.8 million for the first quarter of 2015, representing a decrease of 13.4%. The decrease in investment income was primarily attributable to a \$1.8 million decrease in non-recurring fee income and a \$2.9 million decrease in non-recurring dividend income, partially offset by an increase in interest income on portfolio debt investments. The decrease in dividend income includes a negative true-up adjustment of \$1.3 million related to a portfolio company distribution that was received in 2015. In 2015, Triangle received information that indicated the tax character of the distribution was 100% dividend income, but received updated information in 2016 indicating that a majority of the distribution was a return of capital, which necessitated the adjustment.

Net investment income during the first quarter of 2016 was \$9.6 million, compared to net investment income of \$17.8 million for the first quarter of 2015, representing a decrease of 46.0%. Net investment income per share during the first quarter of 2016 was \$0.29, based on weighted average shares outstanding during the quarter of 33.5 million, compared to \$0.54 per share during the first quarter of 2015, based on weighted average shares outstanding of 33.1 million. Net investment income for the first quarter of 2016, excluding non-recurring expenses related to the previously announced retirement of Garland S. Tucker, III, was \$0.45 per share.

The Company's net increase in net assets resulting from operations was \$12.4 million during the first quarter of 2016, compared to an \$8.4 million increase during the first quarter of 2015. The Company's net increase in net assets resulting from operations was \$0.37 per share during the first quarter of 2016, based on weighted average shares outstanding of 33.5 million, compared to a net increase in net assets resulting from operations of \$0.25 per share during the first quarter of 2015, based on weighted average shares outstanding of 33.1 million.

The Company's net asset value, or NAV, at March 31, 2016, was \$15.02 per share as compared to \$15.23 per share at December 31, 2015. As of March 31, 2016, the Company's weighted average yield on its outstanding, currently yielding debt investments was approximately 12.3%.

#### **Liquidity and Capital Resources**

At March 31, 2016, the Company had cash and cash equivalents totaling \$64.2 million and \$171.9 million of remaining borrowing capacity under its \$300.0 million senior credit facility.

As of March 31, 2016, the Company had outstanding non-callable, fixed-rate SBA-guaranteed debentures totaling \$217.2 million with a weighted average interest rate of 4.08%. In April, 2016, the Company received approval for \$32.8 million in additional SBA-guaranteed debentures, including \$25 million pursuant to recently-enacted legislation which increased the maximum total debenture limit for SBICs under common control.

#### **Dividend Information**

The Company's Board of Directors has declared a quarterly cash dividend of \$0.45 per share. This is the Company's 38th consecutive quarterly dividend since its initial public offering in February, 2007.

The Company's dividend will be payable as follows:

Second Quarter 2016 Dividend
Amount Per Share: \$0.45
Record Date: June 8, 2016
Payment Date: June 22, 2016

#### **Dividend Reinvestment Plan**

At the time of its IPO in February, 2007, Triangle adopted a dividend reinvestment plan ("DRIP") that provides for reinvestment of dividends and distributions on behalf of its stockholders, unless a stockholder elects to receive cash. As a result, when the Company declares a cash dividend or distribution, stockholders who have not opted out of the DRIP will have their cash dividends or distributions automatically reinvested in additional shares of the Company's common stock, rather than receiving cash.

When the Company declares and pays dividends and distributions, it determines the allocation of the distribution between current income, accumulated income and return of capital on the basis of accounting principles generally accepted in the United States ("GAAP"). At each year end, the Company is required for tax purposes to determine the allocation based on tax accounting principles. Due to differences between GAAP and tax accounting principles, the portion of each dividend distribution that is ordinary income, capital gain or return of capital may differ for GAAP and tax purposes. The tax status of the Company's distributions can be found on the Investor Relations page of its website.

#### **Recent Portfolio Activity**

During the quarter ended March 31, 2016, the Company made debt investments in four existing portfolio companies totaling \$9.2 million and equity investments in seven existing portfolio companies totaling \$2.6 million. The Company had three portfolio company loans repaid at par totaling \$43.9 million and received normal principal repayments and partial loan prepayments totaling \$4.8 million. The Company converted subordinated debt investments in one portfolio company into an equity investment and recognized a realized loss on such conversion totaling \$1.6 million. In addition, the Company received proceeds related to the sales of certain equity securities totaling \$4.9 million and recognized net realized gains on such sales totaling \$2.1 million.

New portfolio investments subsequent to quarter end are summarized as follows:

In April, the Company invested \$12.0 million in debt and equity securities of HALO Branded Solutions ("HALO"). HALO is a supply chain service provider in the promotional products industry.

In April, the Company invested \$12.5 million in second lien debt of TK USA Enterprises, Inc. ("TK"). TK is a leading manufacturer of decorative hardware for the professional market.

#### **Conference Call to Discuss First Quarter 2016 Results**

Triangle has scheduled a conference call to discuss first quarter 2016 operating and financial results for Thursday, May 5, 2016, at 9:00 a.m. (Eastern Time).

To listen to the call, please dial 877-312-5521 or 253-237-1143 approximately 10 minutes prior to the start of the call. A taped replay will be made available approximately two hours after the conclusion of the call and will remain available until May 9, 2016. To access the replay, please dial 855-859-2056 or 404-537-3406 and enter the passcode 90867342.

Triangle's quarterly results conference call will also be available via a live webcast on the investor relations section of its website at <a href="http://ir.tcap.com/events.cfm">http://ir.tcap.com/events.cfm</a>. Access the website 15 minutes prior to the start of the call to download and install any necessary audio software. An archived webcast replay will be available on the Company's website until May 31, 2016.

Triangle will post a brief, pre-recorded on-demand podcast on the investor relations section of the Company's website after 4:00 p.m. ET on Wednesday, May 4, 2016, in conjunction with the filing of Triangle's Form 10-Q. The purpose of the podcast is to provide interested analysts and investors with meaningful statistical and financial information in advance of the participatory earnings call on Thursday, May 5, 2016, at 9:00 a.m. (Eastern Time).

#### **Postponement of Annual Meeting**

On April 27, 2016, the Company announced the postponement of its 2016 annual meeting of stockholders in order to solicit additional proxies. The meeting was originally scheduled for Wednesday, May 4, 2016, at 8:30 a.m. (Eastern Time) and has been rescheduled for May 25, 2016, at 8:30 a.m. (Eastern Time) at the Company's headquarters located at 3700 Glenwood Avenue, Suite 530, Raleigh, North Carolina 27612.

No changes have been made to the record date or the proposals to be brought before the annual meeting, which are presented in the proxy statement and related materials that the Company filed with the Securities and Exchange Commission ("SEC") on March 11, 2016 and previously mailed to stockholders of record as of February 25, 2016.

Eligible stockholders who have not yet voted are encouraged to vote by completing and returning proxy cards by mail. Stockholders who do not have a proxy card should contact their brokerage firm to request a replacement.

#### **About Triangle Capital Corporation**

Triangle Capital Corporation (www.TCAP.com) invests capital in established companies in the lower middle market to fund growth, changes of control and other corporate events. Triangle offers a wide variety of investment structures with a primary focus on mezzanine financing with equity components. Triangle's investment objective is to seek attractive returns by generating current income from debt investments and capital appreciation from equity related investments. Triangle's investment philosophy is to partner with business owners, management teams and financial sponsors to provide flexible financing solutions. Triangle typically invests \$5.0 million - \$35.0 million per transaction in companies with annual revenues between \$20.0 million and \$200.0 million and EBITDA between \$3.0 million and \$35.0 million.

Triangle has elected to be treated as a business development company under the Investment Company Act of 1940 ("1940 Act"). Triangle is required to comply with a series of regulatory requirements under the 1940 Act as well as applicable NYSE, federal and state laws and regulations. Triangle has elected to be treated as a regulated investment company under the Internal Revenue Code of 1986. Failure to comply with any of the laws and regulations that apply to Triangle could have a material adverse effect on Triangle and its stockholders.

#### **Forward Looking Statements**

This press release may contain forward looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Any such statements, other than statements of historical fact, are likely to be affected by other unknowable future events and conditions, including elements of the future that are or are not under the Company's control, and that the Company may or may not have considered; accordingly, such statements cannot be guarantees or assurances of any aspect of future performance. Actual developments and results are highly likely to vary materially from these estimates and projections of the future and some of these uncertainties are enumerated in Triangle's filings with the Securities and Exchange Commission. Certain factors that could cause actual results to differ materially from those contained in the forward-looking statements are included in our annual reports on Form 10-K, quarterly reports on Form 10-Q and current reports on Form 8-K, each as filed with the Securities and Exchange Commission. Copies are available on the SEC's website at <a href="https://www.sec.gov">www.sec.gov</a> and stockholders may receive a hard copy of the completed audited financial statements free of charge upon request to the Company at 3700 Glenwood Avenue, Suite 530, Raleigh, NC 27612. Such statements speak only as of the time when made, and the Company undertakes no obligation to update any such statement now or in the future.

#### **Contacts**

Sheri Blair Colquitt Vice President, Investor Relations 919-719-4784 scolquitt@tcap.com

Steven C. Lilly Chief Financial Officer 919-719-4789 slilly@tcap.com

### TRIANGLE CAPITAL CORPORATION Consolidated Balance Sheets

	March 31, 2016		December 31, 2015	
	(Unaudited)			
Assets:				
Investments at fair value:				
Non-Control / Non-Affiliate investments (cost of \$759,385,335 and \$795,244,907 at March				
31, 2016 and December 31, 2015, respectively)	\$ 740,511,577	\$	774,238,518	
Affiliate investments (cost of \$167,897,411 and \$171,486,103 at March 31, 2016 and December 31, 2015, respectively)	173,842,446		177,581,965	
Control investments (cost of \$40,118,113 and \$40,618,113 at March 31, 2016 and December 31, 2015, respectively)	25,622,233		25,456,233	
Total investments at fair value	939,976,256		977,276,716	
Cash and cash equivalents	64,162,614		52,615,418	
Interest and fees receivable	6,783,399		4,892,146	
Prepaid expenses and other current assets	1,833,905		947,068	
Deferred financing fees	3,287,455		3,480,444	
Property and equipment, net	124,022		105,698	
Total assets	\$ 1,016,167,651	\$	1,039,317,490	
Liabilities:				
Accounts payable and accrued liabilities	\$ 2,238,206	\$	7,463,514	
Interest payable	1,558,369		3,714,470	
Taxes payable	_		735,498	
Deferred income taxes	4,551,800		4,988,317	
Borrowings under credit facility	128,109,192		131,256,669	
Notes	162,292,089		162,142,478	
SBA-guaranteed debentures payable	213,070,081		220,648,789	
Total liabilities	511,819,737		530,949,735	
Commitments and contingencies				
Net Assets:				
Common stock, \$0.001 par value per share (150,000,000 shares authorized, 33,576,436 and 33,375,126 shares issued and outstanding as of March 31, 2016 and December 31, 2015,				
respectively)	33,576		33,375	
Additional paid-in capital	550,903,360		549,242,439	
Investment income in excess of distributions	7,628,164		16,127,141	
Accumulated realized losses	(25,227,115)		(25,813,329)	
Net unrealized depreciation	(28,990,071)	_	(31,221,871)	
Total net assets	504,347,914	_	508,367,755	
Total liabilities and net assets	\$ 1,016,167,651	\$	1,039,317,490	
Net asset value per share	\$ 15.02	\$	15.23	

## TRIANGLE CAPITAL CORPORATION Unaudited Consolidated Statements of Operations

		Three Months Ended March 31, 2016		Three Months Ended March 31, 2015	
Investment income:					
Interest income:					
Non-Control / Non-Affiliate investments	\$	18,182,654	\$	16,958,700	
Affiliate investments		3,384,369		4,191,349	
Control investments		193,616			
Total interest income		21,760,639		21,150,049	
Dividend income:					
Non-Control / Non-Affiliate investments		(1,246,760)		1,588,705	
Affiliate investments		160,055		256,253	
Total dividend income		(1,086,705)		1,844,958	
Fee and other income:					
Non-Control / Non-Affiliate investments		1,623,886		3,237,346	
Affiliate investments		310,015		496,957	
Control investments		100,000		100,000	
Total fee and other income		2,033,901		3,834,303	
Payment-in-kind interest income:					
Non-Control / Non-Affiliate investments		2,921,604		2,728,323	
Affiliate investments		989,213		1,169,001	
Control investments		_			
Total payment-in-kind interest income		3,910,817		3,897,324	
Interest income from cash and cash equivalents		37,218		52,936	
Total investment income		26,655,870		30,779,570	
Operating expenses:					
Interest and other financing fees		6,518,570		6,432,455	
Compensation expenses		9,450,493		5,408,623	
General and administrative expenses		1,088,724		1,168,913	
Total operating expenses		17,057,787		13,009,991	
Net investment income		9,598,083		17,769,579	
Realized and unrealized gains (losses) on investments and foreign currency borrowings:					
Net realized gains:					
Non-Control / Non-Affiliate investments		584,787		3,236,669	
Affiliate investments		1,427		27,702	
Net realized gains		586,214		3,264,371	
Net unrealized appreciation (depreciation):					
Investments		3,084,323		(13,715,840)	
Foreign currency borrowings		(852,523)		1,173,707	
Net unrealized appreciation (depreciation)		2,231,800		(12,542,133)	
Net realized and unrealized gains (losses) on investments and foreign currency borrowings		2,818,014		(9,277,762)	
Benefit (provision) for taxes		11,161		(137,875)	
Net increase in net assets resulting from operations	\$	12,427,258	\$	8,353,942	
Net investment income per share—basic and diluted	\$	0.29	\$	0.54	
Net increase in net assets resulting from operations per share—basic and diluted	\$	0.37	\$	0.25	
Dividends/distributions per share:	_		Ė		
Regular quarterly dividends/distributions	\$	0.54	\$	0.54	
Supplemental dividends/distributions	Ψ		Ψ	0.05	
Total dividends/distributions per share	\$	0.54	\$	0.59	
Weighted average shares outstanding—basic and diluted	Ψ	33,480,346	Ψ	33,099,197	
weighted average shares outstanding—basic and unuted		33,400,340		33,077,177	

### TRIANGLE CAPITAL CORPORATION Unaudited Consolidated Statements of Cash Flows

	Three Months Ended			Three Months Ended	
March 31, 2016			N	March 31, 2015	
Cash flows from operating activities:					
Net increase in net assets resulting from operations	\$	12,427,258	\$	8,353,942	
Adjustments to reconcile net increase in net assets resulting from operations to net cash provided by operating activities:					
Purchases of portfolio investments		(11,812,331)		(98,213,197)	
Repayments received/sales of portfolio investments		53,620,680		97,094,750	
Loan origination and other fees received		274,158		1,606,861	
Net realized gain on investments		(586,214)		(3,264,371)	
Net unrealized depreciation appreciation on investments		(2,647,804)		13,870,791	
Net unrealized depreciation (appreciation) on foreign currency borrowings		852,523		(1,173,707)	
Deferred income taxes		(436,517)		(154,951)	
Payment-in-kind interest accrued, net of payments received		(317,840)		810,547	
Amortization of deferred financing fees		531,993		511,864	
Accretion of loan origination and other fees		(1,135,001)		(1,960,200)	
Accretion of loan discounts		(95,188)		(133,149)	
Accretion of discount on SBA-guaranteed debentures payable		31,899		46,222	
Depreciation expense		15,592		15,169	
Stock-based compensation		4,301,118		1,642,297	
Changes in operating assets and liabilities:					
Interest and fees receivable		(1,891,253)		203,433	
Prepaid expenses and other current assets		(886,837)		(176,764)	
Accounts payable and accrued liabilities		(5,225,308)		(4,031,030)	
Interest payable		(2,156,101)		(1,929,865)	
Taxes payable		(735,498)		(2,450,029)	
Net cash provided by operating activities	_	44,129,329	_	10,668,613	
Cash flows from investing activities:					
Purchases of property and equipment		(33,916)		(21,843)	
Net cash used in investing activities		(33,916)		(21,843)	
Cash flows from financing activities:					
Repayments of SBA-guaranteed debentures payable		(7,800,000)		_	
Borrowings under credit facility		30,000,000		8,000,000	
Repayments of credit facility		(34,000,000)		(48,000,000)	
Proceeds from notes		_		83,565,582	
Net expenses related to public offering of common stock		_		(54,967)	
Common stock withheld for payroll taxes upon vesting of restricted stock		(3,484,074)		(2,400,352)	
Cash dividends/distributions paid		(17,264,143)		(18,752,101)	
Net cash provided by (used in) financing activities		(32,548,217)		22,358,162	
Net increase in cash and cash equivalents	_	11,547,196		33,004,932	
Cash and cash equivalents, beginning of period		52,615,418		78,759,026	
Cash and cash equivalents, end of period	\$	64,162,614	\$	111,763,958	
Supplemental disclosure of cash flow information:					
Cash paid for interest	\$	7,932,474	\$	7,644,734	
Summary of non-cash financing transactions:					
Dividends/distributions paid through DRIP share issuances	\$	844,078	\$	830,046	