# FORM 5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0362					
Estimated average	e burden					
hours per respons	se 10					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported

### ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 4 Transactions Reported Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person *     SMITH SHERWOOD HUBBARD JR			2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner			
(Last) 3700 GLENWOOD	(First)  AVENUE.		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008					Officer (give title below)	Other (specify l	below)	
(Street)								6. Individual or Joint/Group Reporting (check applicable line)			
RALEIGH, NC 27612								_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table	e I - Non-Deriv	red, Disposed of, or Beneficially	Owned					
1.Title of Security (Instr. 3)		Date (Month/Day/Year)	Execution Date, if	Code (Instr. 8)	(A) or Disposed of (D)		of )	Issuer's Fiscal Year (Instr. 3 and 4)		Beneficial Ownership	
Common Stock								47,053 <u>(1)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	Conversion	Execution Date, if	Transaction	of		6. Date Exer and Expirati (Month/Day	on Date	Amou	int of	Derivative	-	Ownership	11. Nature of Indirect Beneficial
,	Price of	 (Month/Day/Year)		Secur		(Wollin Day	/	Secur	, ,	-		Derivative	
` ′	Derivative		` ′	Acqui	red			(Instr	. 3 and	` ′	Beneficially	Security:	(Instr. 4)
	Security			(A) or	•			4)			Owned at	Direct (D)	
				Dispo	sed						End of	or Indirect	
				of (D)	)						Issuer's	(I)	
				(Instr.	3,						Fiscal Year	(Instr. 4)	
				4, and	5)						(Instr. 4)		
									Amount				
						Date Exercisable	Expiration Date	Title	or Number				
				(A)	(D)				of Shares				

#### **Reporting Owners**

Reporting Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
SMITH SHERWOOD HUBBARD JR								
3700 GLENWOOD AVENUE	X							
SUITE 530	Λ							
RALEIGH, NC 27612								

#### **Signatures**

Robert C. Humphreys, Attorney-in-Fact for Sherwood H. Smith, Jr.	02/11/2009
Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares of common stock received by reporting person in 2008 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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