UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

tesponses	5)		1												
Name and Address of Reporting Person * Dunwoody W McComb				2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
WOOD	(First) AVENUE, SU	(Middle) JITE 530	3. Date of Earliest Transaction (Month/Day/Year) 05/06/2009				-					ow)			
NC 2761	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person							
10 2701	(State)	(Zip)		Tab	ole I - N	lon-	Deriv	ative S	ecurities A	Acquii	red, Disp	osed of, or	Beneficially	Owned	
(Instr. 3) Date		ate	Execution D any	Execution Date, if			(A) or Disp (D)		Disposed of	of			Following n(s)	Ownership of Form: EDirect (D)	Beneficial Ownership
					Cod	de	V	Amour	(A) or (D)	Price				(I)	Instr. 4)
ck	0:	5/06/2009			A			2,953	A	\$ 0	150,981			D	
						t	conta the fo	ined i orm dis	n this for splays a o	m are curre eficial	not req	uired to re d OMB co	espond unl	ess	02)
nversion		Execution Data	Code		5. Number of		6. Date Exercisable and Expiration Date		7. Ti Amo Unde Secu	unt of Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Ownership Form of Derivative Security: Direct (D) or Indirect			
									Expiration		or Number				
d V	ty C 2761 ty ck rt on a s version xercise e of vative	dress of Reporting Personal McComb (First) /OOD AVENUE, SU (Street) C 27612 (State) ty 2. (Month/Day/Yesteroise of Yeative)	dress of Reporting Person * McComb (First) (Middle) /OOD AVENUE, SUITE 530 (Street) C 27612 (State) (Zip) ty 2. Transaction Date (Month/Day/Year) et	dress of Reporting Person - 2. Issuer N Triangle C (First) (Middle) (Middle	dress of Reporting Person 2. Issuer Name a Triangle Capita 3. Date of Earliest 05/06/2009 (Street) 4. If Amendment, C 27612 (State) (Zip) Tab ty 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) Table II - Derivative Securities beneficially of Execution Date, if any (Month/Day/Year) Table II - Derivative Securities beneficially of Execution Date, if any (Month/Day/Year) Table II - Derivative Securities beneficially of Execution Date, if any (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 4. Transaction Code (Instr. 8)	Code Code	Code Code	Address of Reporting Person ** **McComb* Comb Comb	dress of Reporting Person - Comparison Comparison	C 27612 Sate C 27612 A 1 1 2 C 27612 C 27612	Code Code	Code V Amount Code V Amount Code Contained in this form are not required to an a separate line for each class of securities beneficially owned directly or	2. Issuer Name and Ticker or Trading Symbol (Checomb (Pinst) (Middle) (Street) (Street) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or the form displays a currently (Month/Day/Year) (Instr. 3) 4. Securities Acquired (A) or Disposed of (Instr. 3) (Instr. 3) and 4) 5. Amount of Securities (Pinstr. 3) (Instr. 3) 7. Title and Amount of Date (e.g., puts, calls, warrants, options, convertible securities) 7. Title and Amount of Date (Instr. 3) and (A) or Disposed (Instr. 3) and (A) or Disposed (Instr. 3) and (A) or Disposed (Instr. 3) 7. Title and Amount of Date (e.g., puts, calls, warrants, options, convertible securities) 7. Title and Amount of Date (Instr. 3) and (A) or Disposed of (Instr. 3) and (A) or Disposed (Instr. 3) and (Instr. 3) and (Instr. 3) and (Instr. 3) and (Ins	2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP] 5. Relationship of Reporting Persor (Check all application of Check all application of Check all application of Code (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 05/06/2009 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Group Filing X. Form filed by More than One Reporting Person Form filed by More than One Reporting Form filed by More than One Reporting Form filed by More than One Reporting Form filed More than One Reporting Form filed by More than One Form filed by	Accomb 2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP] (Check all applicable) 2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP] (Check all applicable) 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) (Month/Day/Year) (Month/Day/Year

Barratina Orana Nama / Addams	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Dunwoody W McComb 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	X						

Signatures

Robert C. Humphreys, Attorney-in-Fact for W. McComb Dunwoody	05/08/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.