UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APF	ROVAL					
OMB Number:	3235-0287					
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

esponses	<u>') </u>														
Name and Address of Reporting Person * Dunwoody W McComb				2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
OOD A	(First) AVENUE, SU	(Middle) JITE 530	3. Date of Earliest Transaction (Month/Day/Year) 05/05/2010			-					ow)				
C 2761	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
<u> </u>	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned						Owned						
(Instr. 3)		ate	any		if Code (Instr. 8)		(A) or Disposed (D)		Disposed of	of Beneficia Reported		ally Owned Following I Transaction(s)		Ownership Form: Direct (D)	Nature f Indirect eneficial wnership
					Co	ode	V	Amour	(A) or (D)	Price	rice			(I)	Instr. 4)
k	0:	5/05/2010			A	4		2,089	A	\$ 0	139,718			D	
						quire	conta the fo d, Dis	ained i orm dis	n this for splays a o	m are curre eficial	not req	uired to re d OMB co	espond unl	ess	C 1474 (9- 02)
ersion	(Month/Day/Ye	Execution Da Year) any	Code		of		6. Date Exercisable and Expiration Date		Amo Unde Secu	ount of erlying crities	f Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Ownership Form of Derivative Security: Direct (D) or Indirect		
									Expiration		or				
C C C C C C C C C C C C C C C C C C C	McCo OOD C 2761	McComb (First) OOD AVENUE, SU (Street) C 27612 (State) (Note on a separate line for one of a separa	McComb (First) (Middle) OOD AVENUE, SUITE 530 (Street) C 27612 (State) (Zip) 2. Transaction Date (Month/Day/Year) c on a separate line for each class of security of ative 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date (Month/Day/Year) (Month/Day/Year)	McComb Triangle (First) (Middle) (John McComb (Middle)	McComb Triangle Capita 3. Date of Earliest 05/05/2010 (Street) 4. If Amendment, C 27612 (State) 2. Transaction Date (Month/Day/Year) C 305/05/2010 2A. Deemed Execution Date, if any (Month/Day/Year) Table II - Derivative Securities beneficially of the content of the	McComb Triangle Capital CO (First) (Middle) 3. Date of Earliest Trans of 05/05/2010 (Street) 4. If Amendment, Date of Earliest Trans of 05/05/2010 (Street) 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3A. Deemed Execution Date (Month/Day/Year) 3A. Deemed	McComb Triangle Capital CORP [(First) (Middle) (05/05/2010 (Street) A. If Amendment, Date Origing Street) (State) (Zip) Table I - Non- (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton any (Month/Day/Year) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton any (Month/Day/Year) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton any (Month/Day/Year) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton any (Month/Day/Year) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton any (Month/Day/Year) (Month/Day/Year) Toda (Instr. 8)	Triangle Capital CORP [TCA	McComb Triangle Capital CORP [TCAP] (First) (Middle) (ODD AVENUE, SUITE 530) (Street) 4. If Amendment, Date Original Filed(Mon Date (Month/Day/Year)) (State) (Zip) Table I - Non-Derivative Securition Date, if (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed (e.g., puts, calls, warrants, options, conversion) Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed (e.g., puts, calls, warrants, options, conversion) Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed (e.g., puts, calls, warrants, options, conversion) Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed (A) or Disposed of (D) (Instr. 8)	Triangle Capital CORP [TCAP]	McComb Triangle Capital CORP [TCAP] 3. Date of Earliest Transaction (Month/Day/Year) ODD AVENUE, SUITE 530 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Persons who respond to contained in this form are the form displays a curred (A) or Disposed of (D) (Instr. 3) Persons who respond to contained in this form are the form displays a curred (A) or Disposed of (D) (Instr. 3) Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities) 3. Transaction Date (Instr. 8) Persons who respond to contained in this form are the form displays a curred (A) or Disposed of (Month/Day/Year) Amendment, Date Original Filed(Month/Day/Year) 3. Transaction (A) or Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities) 5. Number (6) Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) Securities Acquired (A) or Disposed of, or Derivative (Month/Day/Year) (Instr. 8) Securities Acquired (A) or Disposed of, or Beneficial (Month/Day/Year) (Instr. 8) Securities Acquired (A) or Disposed of (Month/Day/Year) (Instr. 8)	McComb Triangle Capital CORP [TCAP] X_ Direc Office (First) (Middle) (OS/05/2010 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) Table I - Non-Derivative Securities Acquired, Disposed of (Instr. 3) Code V Amount (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired (Instr. 3) Table II - Derivative Securities Acquired (Instr. 3)	Company Comp	Triangle Capital CORP [TCAP] (First) (Middle) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Following (Instr. 3, and 4) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Zip) Table II - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Following Reported Transaction(Instr. 3, and 4) (A) or Code V Amount (D) Price (A) or Disposed of (Instr. 3, and 4) (A) or Code V Amount (D) Price (E.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following Reported Transaction(s) (Instr. 3, and 4) (Instr. 3, and 4) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following Reported Transaction(s) (Instr. 3, and 4) Persons who respond to the collection of information contained in this form are not required to respond unmode (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following Reported Transaction of Owned (Instr. 3) (Instr. 3) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following Reported Transaction (Instr. 3) (Instr. 3) (Instr. 3) (Instr. 3) (Instr. 3) (Instr. 3) (Instr. 5) (Instr. 5)	Check all applicable Check all applicable

Barratina Orana Nama / Addams	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Dunwoody W McComb 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	X						

Signatures

/s/ Helen W. Brown, Attorney-in-Fact for W. McComb Dunwoody	05/07/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.