FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
OMB Number:	3235-0362
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1	Check this box if no longer
	subject to Section 16. Form 4
	or Form 5 obligations may
	continue. See Instruction 1(b).
7	Form 3 Holdings Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 4 Transactions Reported Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Dunwoody W McComb			2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X. Director 10% Owner			
(Last) 3700 GLENWOO	(First) D AVENUE		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2012				Officer (give title below)	Other (specify	below)		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)			
RALEIGH, NC 27612								_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)		Date (Month/Day/Year)	Execution Date, if		(A) or Disposed of (D) (Instr. 3, 4 and 5)		of	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock								146,425 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	Conversion	Execution Date, if	Transaction	of		6. Date Exer and Expirati (Month/Day	on Date	Amou	int of	Derivative	-	Ownership	11. Nature of Indirect Beneficial
-	Price of	 (Month/Day/Year)		Secur		(Wollin Day	/	Secur	, ,	-		Derivative	
	Derivative	, ,		Acqui	red			(Instr	. 3 and	,	Beneficially	Security:	(Instr. 4)
	Security			(A) or	•			4)			Owned at	Direct (D)	
				Dispo	sed						End of	or Indirect	
				of (D))						Issuer's	(I)	
				(Instr.	3,						Fiscal Year	(Instr. 4)	
				4, and	5)						(Instr. 4)		
									Amount				
						Date Exercisable	Expiration Date	Title	or Number				
				(A)	(D)				of Shares				

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Dunwoody W McComb 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	X						

Signatures

/s/ Helen W. Brown, Attorney-in-Fact for W. McComb Dunwoody	02/08/2013
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares of common stock received in 2012 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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