FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
nours per response									

longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)																
	nd Address o Robert Jr.	f Reporting P			2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]							Direct	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 3700 GLENWOOD AVENUE, SUITE 530						3. Date of Earliest Transaction (Month/Day/Year) 02/04/2015							X Officer (give title below) Other (specify below) Principal Accounting Officer					
(Street) RALEIGH, NC 27612				4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ Form fil	6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)		Date	e onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		of (E	D) Beneficia	ant of Securities ally Owned Following 1 Transaction(s) and 4)		6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
~ ~ .			02/12/2	01.4			-	Code	V	Amoun	t (D)	Pric				(Instr. 4)		
Common Stock			03/13/2				+	G	V	300	D D	\$ 0 \$ 0	49,926 49,626			D D		
Common Stock Common Stock		02/04/2					F	V	6,395		\$ 0 \$ 21.78	42 221	42 221 D					
Common Stock		02/04/2	/2015				A		17,000	A	\$ 21.7	60.248	60,248 (1)		D			
(Instr. 3) Pric	Conversion	3. Transactio Date (Month/Day/	n 3A Exc Year) any	Deemed ecution Da	e.g., p	4. Transactio Code	on of De Sec (A) Dis of (In	5. Number		, convert	tible sec cisable on Date	7. A U	Title and mount of nderlying ecurities nstr. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form o Derivat Securit Direct (or India	Owners: (Instr. 4) (D) rect	
						Code V		.) (D)		e Expiration , rcisable Date		ion Ti	Amount or Number of Shares					
Repor	ting O	wners																
	Relationships																	
Reporting Owner Name / Address Director 10% Own					ner (ner Officer				Other								
Knox C. Robert Jr. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612				Principal Accounting				g Off	ficer									
Signa	tures																	
/s/ Scott	Lesmes, A	ttorney-in-F	act for C	. Robert	Knox	x, Jr.		02/0	06/20	15								

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

**Signature of Reporting Person

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes shares of common stock received in 2014 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.