UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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nours per response						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	d Address o		*	2 Inc.	or Nome	nd Tiel-	r o- T	rodina C	mhc1		5 Relation	ishin of Rer	orting Perso	on(s) to Ise	er
Name and Address of Reporting Person – Tucker Garland S III			2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last) (First) (Middle) 3700 GLENWOOD AVENUE, SUITE 530			3. Date of Earliest Transaction (Month/Day/Year) 02/04/2015							_X_ Direct	r (give title belo	ow) airman and	10% Owner Other (specify CEO	below)	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
	H, NC 276										Form file	d by More than	One Reporting	Person	
(City))	(State)	(Zip)		Tab	le I - No	n-Der	ivative S	ecurities	s Acqui	red, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execution any	Deemed cution Date, if nth/Day/Year)	Code (Instr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia	ant of Securities ally Owned Following d Transaction(s) and 4)		6. Ownership Form: Direct (D)	Beneficial Ownership
						Code	V	Amour	(A) or (D)	Price	ce			or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock		06/12/2014			G	V	1,400	D	\$ 0	231,371			D	
Common	Stock		11/12/2014			G	V	3,500	D	\$ 0	227,871			D	
Common	Stock		02/04/2015			F		20,813		\$ 21.78	207,056	056		D	
Common	Stock		02/04/2015			A		52,000		\$ 21.78	259,056			D	
Common	Stock		11/12/2014			G	V	3,500	D	\$ 0	32,587			I	By wife
Reminder: indirectly.	Report on a	separate line fo	or each class of sect	urities be	neficially o	owned dir	Pers	sons wh	n this fo	orm ar	e not req	uired to re	formation	less	EC 1474 (9- 02)
			,		e Securiti		red, D	isposed	of, or Be	neficia urities)	lly Owned				
	Conversion		Year) Execution Day	te, if Transaction Code Year) (Instr. 8)		of	and (Mo	and Expiration Date (Month/Day/Year) S (Ame Und Sect	itle and ount of lerlying urities tr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form of Derivative Security: Direct (D or Indirect	(Instr. 4)
				Code	Code V	(A) (D		e ercisable	Expiration Date	on Title	Amount or Number of Shares				
Repor	ting O	wners													

Domestine Osmes News / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Tucker Garland S III							
3700 GLENWOOD AVENUE	X		Chairman and CEO				
SUITE 530	Λ		Chairman and CEO				
RALEIGH, NC 27612							

Signatures

/s/ Scott Lesmes, Attorney-in-Fact for Garland S. Tucker, III	02/06/2015
Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.