## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APP	ROVAL
DMB Number:	3235-0287
Estimated averag	ge burden
ours per respon	se 0.5

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Goldstein Benjamin S			2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner						
(Last) (First) (Middle) 3700 GLENWOOD AVENUE SUITE 530			3. Date of Earliest Transaction (Month/Day/Year) 05/06/2015					-	Office	r (give title belo	ow) (	Other (specify belo	ow)	
(Street) RALEIGH, NC 27612			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City	·)	(State)	(Zip)	Tal	-Deriva	Derivative Securities Acquired, Disposed of, or Beneficially Owned					Owned			
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year		2A. Deemed Execution Date, i any (Month/Day/Year	Code (Instr. 8)	4. Securities Acquir (A) or Disposed of (D) (Instr. 3, 4 and 5)		f   1			Following n(s)	Ownership of Form: Direct (D)	eneficial wnership	
					Code	V A	mount	(A) or (D)	Price	ce			or Indirect (I) (Instr. 4)	nstr. 4)
Common	Stock	05	/06/2015		A	2	,168	A \$	30	37,626			D	
	Report on a	separate line for ea	ich class of secu	rities beneficially	owned dire	ectly or								1
Reminder: indirectly.	Report on a s	separate line for ea	Table II - D	erivative Securiti	es Acquir	Persor contain the for ed, Disp	ned in t m disp osed of,	this form plays a c	n are urrer ficiall	not req	uired to re	nformation espond unle ntrol numbe	ess	C 1474 (9- 02)
1. Title of Derivative	2. Conversion	3. Transaction	Table II - D (e  3A. Deemed Execution Date)		ies Acquir arrants, op 5. Numbe	Persor contain the for ed, Disp otions, co r 6. Date and Ex (Month	ned in t m disp osed of, onvertib	this form plays a c f, or Bener ble securi isable in Date Year)	ficiallities) 7. Tit Amo Unde	not required by Owned the and unt of erlying	uired to red OMB con	espond unle	f 10. Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indire Beneficial Ownersh (Instr. 4)

Donating Community (Addition	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Goldstein Benjamin S 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	X					

## **Signatures**

/s/ Scott Lesmes, Attorney-in-Fact for Benjamin S. Goldstein	05/08/2015
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.