FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APP	OMB APPROVAL								
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * Dombcik Jeffrey A.				2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 3700 GLENWOOD AVENUE, SUITE 530				3. Date of Earliest Transaction (Month/Day/Year) 02/01/2017						X Officer (give title below) Other (specify below) Chief Credit Officer					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					r)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
RALEIGH, NC 27612									- State of More and One Reporting Person						
(City	/)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu						ired, Disp	osed of, or	Beneficially	Owned		
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	f Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)					6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership			
				,	Code	V	Amount	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)	
Common	Stock		02/01/2017		A		39,000	A	\$ 19.25	173,286	5		D		
Reminder: indirectly.	Report on a	separate line f	or each class of secu	urities beneficially	owned dire	ctly o	r								
manectry.						cont	ained ii	n this f	orm ar	e not req	ection of ir juired to re d OMB cor	espond un	less	SEC 1474 (9- 02)	
				Derivative Securiti e.g., puts, calls, wa							i				
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transactio Date (Month/Day/	Year) Execution Da	4. Transaction Code Year) (Instr. 8)	of	and Expiration Date (Month/Day/Year) Se (In the second of		Am Und Sec	itle and ount of derlying urities tr. 3 and	(Instr. 5) Bo		Owners Form o Derivat Security Direct (or Indir	tive Ownersh (Instr. 4) rect		
				Code V	(A) (D)	Date	e rcisable	Expirati Date	on Title	Amount or e Number of Shares					
Repor	rting O	wners													
				Relationships											
Reporting Owner Name / Address Director 10% Ow			1		Oth	er									
Dombcik Jeffrey A. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612		Chief Credit Officer													
Signa	tures														
Harry S.	Pangas, att	orney-in-fa	ct for Jeffrey A. I	Dombcik	02/03	/201	7								

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Signature of Reporting Person

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date