FORM 4	4
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### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of Re Dombcik Jeffrey A.	2. Issuer Name <b>and</b> Ticker or Trading Symbol Triangle Capital CORP [TCAP]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (F 3700 GLENWOOD AV	<sup>First)</sup> VENUE,	(Middle) SUITE 530	3. Date of Earliest Transaction (Month/Day/Year) 02/06/2017						X Officer (give title below) Other (specify below) Chief Credit Officer			
(S	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
RALEIGH, NC 27612												
(City) (S	State)	(Zip)	Tab	le I - Non-	Deri	vative Se	ecuritie	ired, Disposed of, or Beneficially Owned				
1.Title of Security		2. Transaction	2A. Deemed	3. Transac	tion	4. Secur	ities Ac	quired	5. Amount of Securities	6.	7. Nature	
(Instr. 3) Date		Execution Date, if	Code (A) or Disposed of (D		of (D)	Beneficially Owned Following	Ownership	of Indirect				
		(Month/Day/Year)	any	(Instr. 8)		(Instr. 3, 4 and 5)		5)	Reported Transaction(s)	Form:	Beneficial	
			(Month/Day/Year)						(Instr. 3 and 4)	Direct (D)	Ownership	
							(A) or			or Indirect (I)	(Instr. 4)	
				Code	V	Amount	(D)	Price		(Instr. 4)		
Common Stock		02/06/2017		F		14,154	D	\$ 19.67	159,132	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.	5. N	umber	6. Date Exer	rcisable	7. Tit	tle and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	of		and Expiration Date		Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Derivative (		(Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Secu	urities	rities		Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Acq	Acquired		(Instr	: 3 and		Owned	Security:	(Instr. 4)	
	Security					·		4)			0	Direct (D)		
					Disp	Disposed					Reported	or Indirect		
					of (D)							Transaction(s)	< / <	
					(Instr. 3, 4, and 5)							(Instr. 4)	(Instr. 4)	
										Amount				
							Date	Expiration		or				
			Exercisable Da		Title	Number								
							Excicisable	Date		of				
				Code V	(A)	(D)				Shares				

## **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Dombcik Jeffrey A. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612			Chief Credit Officer					

### **Signatures**

Harry S. Pangas, attorney-in-fact for Jeffrey A. Dombcik	02/07/2017	
-Signature of Reporting Person	Date	

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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