FORM 4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respons	es)										
1. Name and Address Dunwoody W McC	2. Issuer Name Triangle Capita			۰ د	mbol	4	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
3700 GLENWOOI	(First) DAVENUE	(Middle) 530, SUITE	3. Date of Earlies 04/03/2017	3. Date of Earliest Transaction (Month/Day/Year) 04/03/2017					Officer (give title below)	Other (specify b	elow)
RALEIGH, NC 27	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Та	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	rity 2. Transaction 2A. Deemed 3. Transaction 4. Securities Acquire Code (A) or Disposed of (I (Instr. 3, 4 and 5))		d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Beneficial					
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		04/03/2017		S		49,286	D	\$ 18.8592 ( <u>1)</u>	106,278	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 

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 SEC 1474 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Nu	mber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	ion	of		and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Deriv	ative	(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Secur	ities			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acqu	ired			(Instr	: 3 and		Owned	Security:	(Instr. 4)
	Security					(A) o	r			4)			Following	Direct (D)	
						Disposed							Reported	or Indirect	
						of (D)							Transaction(s)	(I)	
							nstr. 3,						(Instr. 4)	(Instr. 4)	
						4, and	15)								
											Amount				
								Date	Expiration		or				
								Exercisable	•	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				

## **Reporting Owners**

Describe Open New (Add	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Dunwoody W McComb 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	х								

#### Signatures

Harry S. Pangas, attorney-in-fact for W. McComb Dunwoody	04/04/2017
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in Column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$18.78 to \$19.04, inclusive. The (1) reporting person undertakes to provide to Triangle Capital Corporation, any security holder of Triangle Capital Corporation, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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