FORM 5	
Check this box if no longer	

Check this box if no longer	
 subject to Section 16. Form 4	
or Form 5 obligations may	
continue. See Instruction 1(b).	
Form 3 Holdings Reported	

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0362 Estimated average burden hours per response... 1.0

02)

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 4 Transactions Reported Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] RICH SIMON B. JR.			2. Issuer Name and Triangle Capital		<i>.</i>	ool		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director			
(Last) 3700 GLENWOOD	(First) O AVENUE,		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2017					Officer (give title below)	Other (specify	below)	
(Street) RALEIGH, NC 27612			4. If Amendment, I	Date Original Fi	led(Month/	Day/Year	6. Individual or Joint/Group Reporting (check applicable line) _X_ Form Filed by One Reporting Person				
(City)	(State)	(Zip)	Table	e I - Non-Deriv	ative Sec	urities	Acaui	Form Filed by More than One Reportir red, Disposed of, or Beneficiall	0		
1.Title of Security (Instr. 3)		Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction Code (Instr. 8)	1	ities Ac	quired of	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock								90,925 <u>(1)</u>	D		
Common Stock								5,590	Ι	By spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this SEC 2270 (9form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)													
1. Title of	2.	3. Transaction	3A. Deemed	4.	5. Nur	nber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	of		and Expirati	on Date	Amo	unt of	Derivative	of	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	Deriva	ative	(Month/Day	/Year)	Unde	rlying	Security	Derivative	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securi	ties			Secur	rities	(Instr. 5)	Securities	Derivative	Ownership
	Derivative				Acqui	red			(Instr	. 3 and		Beneficially	Security:	(Instr. 4)
	Security				(A) or				4)			Owned at	Direct (D)	
					Dispos	sed						End of	or Indirect	
					of (D)								(I)	
					(Instr.							Fiscal Year	(Instr. 4)	
					4, and	5)						(Instr. 4)		
										Amount				
							Date	Evaination		or				
							Exercisable	Expiration Date	Title	Number				
							LACICISADIC	Date		of				
					(A)	(D)				Shares				

Reporting Owners

Reporting Owner Name / Address	Relationships							
Reporting Owner Name / Autress	Director	10% Owner	Officer	Other				
RICH SIMON B. JR. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	Х							

Signatures

Harry S. Pangas, attorney-in-fact for Simon B. Rich, Jr. 02/06/2018 Date Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 568 shares of common stock received in 2017 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.