FORM 4	ļ
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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02)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Nordan Cary B.				<i>.</i>	nbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 3700 GLENWOOD AVENUE, SUITE 530				onth/Day	/Year)		X Officer (give title below) Other (specify below) Chief Origination Officer					
(Street) RALEIGH, NC 27612				iled(Month	/Day/Yea	r)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Year)		Execution Date, if Code			isposed 4 and 5	of (D)	Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	Beneficial Ownership			
		Code	V	Amount	(D)	Price		(Instr. 4)				
02/08/2018		А		46,000	А	\$ 10.68	213,875	D				
								I	By reporting owner as UGMA custodian for son			
							684	I	By reporting owner as UGMA custodian for daughter			
	(Middle) E, SUITE 530 (Zip) 2. Transaction Date (Month/Day/Year)	(Middle) 3. Date of Earliest E, SUITE 530 3. Date of Earliest (Zip) 4. If Amendment, (Zip) Tab 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)	Triangle Capital CORP [(Middle) 3. Date of Earliest Transaction 02/08/2018 E, SUITE 530 4. If Amendment, Date Origi (Zip) Table I - Non- (Zip) 2A. Deemed Execution Date, if (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	Triangle Capital CORP [TCA (Middle) 3. Date of Earliest Transaction (M 02/08/2018 E, SUITE 530 4. If Amendment, Date Original F (Zip) Table I - Non-Deri 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr. 8)	Triangle Capital CORP [TCAP] (Middle) 3. Date of Earliest Transaction (Month/Day 02/08/2018 4. If Amendment, Date Original Filed(Month/Day (Zip) Table I - Non-Derivative Set 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if (Month/Day/Year) 3. Transaction (A) or D (Instr. 3) (Month/Day/Year) Code V Amount	Triangle Capital CORP [TCAP] (Middle) 3. Date of Earliest Transaction (Month/Day/Year) E, SUITE 530 02/08/2018 (Middle) 4. If Amendment, Date Original Filed(Month/Day/Year) (Zip) Table I - Non-Derivative Securitie 2. Transaction 2A. Deemed Date 3. Transaction (Month/Day/Year) A. Deemed Month/Day/Year) S. Transaction (Month/Day/Year) A. Becurities Ac (Month/Day/Year) (A) or Disposed (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V (A) or Code V	(Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Middle) 4. If Amendment, Date Original Filed(Month/Day/Year) (Zip) Table I - Non-Derivative Securities Acquired (Zip) 2A. Deemed (Month/Day/Year) 3. Transaction (A) or Disposed of (D) (Instr. 8) (Month/Day/Year) (Month/Day/Year	(Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Check all appli Director (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Check all appli Director (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Check all appli Director (Zip) 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Group Filini X_ Form filed by More than One Reporting Person For	Triangle Capital CORP [TCAP] (Check all applicable) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director Officer (give tile below) Other (specify) E, SUITE 530 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual or Joint/Group Filing/Check Applic X_form filed by More Reporting Person Form filed by More Reporting Person Form filed by More Reporting Person 6. (Zip) Table I - Non-Derivative Securities Acquired any (Month/Day/Year) 5. Amount of Securities Beneficially Owned Following (Instr. 3, 4 and 5) 6. 2. Transaction Date (Month/Day/Year) 2. Transaction file (Month/Day/Year) 3. Transaction flow in the securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Following (Instr. 3 and 4) 6. 02/08/2018 A 46,000 A \$ 10.68 213,875 D 02/08/2018 A 46,000 A \$ 10.68 213,875 D Image: Call Call Call Call Call Call Call Cal			

Reminder: Report on a separate line for each class of securities beneficially owned directly indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5	. Num	ber	6. Date Exer	cisable	7. Tit	tle and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n o	f		and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	D	Derivative		(Month/Day/Year)		Underlying		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	S	ecurit	ies			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				А	Acquir	ed			(Instr	: 3 and		Owned	Security:	(Instr. 4)
	Security				(A) or					4)			Following	Direct (D)	
					D	Disposed							Reported	or Indirect	
					0	of (D)							Transaction(s)	(I)	
					×	(Instr. 3,							(Instr. 4)	(Instr. 4)	
					4	4, and 5)									
					_							-			
											Amount				
								Date	Expiration Date		or				
								Exercisable	Date						
				Codo V	7 (of Shares				
				Code V	((A) (D)				Snares				

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Nordan Cary B. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612			Chief Origination Officer						

Signatures

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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