FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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02)

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Reporti Knox C. Robert Jr.	2. Issuer Name <b>a</b> Triangle Capital			<b>.</b> .	mbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) 3700 GLENWOOD AVEN	(Middle) UE, SUITE 530	3. Date of Earliest 02/08/2018	Transactio	n (M	onth/Day	/Year)	X Officer (give title below) Other (specify below) Principal Accounting Officer				
(Street)	4. If Amendment,	Date Origii	nal F	iled(Month	n/Day/Yea	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
RALEIGH, NC 27612											
(City) (State)	(Zip)	Tab	le I - Non-	Deri	vative Se	ecuritie	ired, Disposed of, or Beneficially Owned				
1.Title of Security	2. Transaction	2A. Deemed	3. Transac	tion	4. Secur	ities Ac	quired	5. Amount of Securities	6.	7. Nature	
(Instr. 3)	Execution Date, if	Code (A) or			isposed	l of (D)	Beneficially Owned Following	Ownership	of Indirect		
	any	(Instr. 8)		(Instr. 3,	4 and 5	5)	Reported Transaction(s)	Form:	Beneficial		
		(Month/Day/Year)						(Instr. 3 and 4)	Direct (D)	Ownership	
						(A) or			or Indirect (I)	(Instr. 4)	
			Code	V	Amount	(D)	Price		(Instr. 4)		
Common Stock	02/08/2018		А		26,000	А	\$ 10.68	92,941	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9contained in this form are not required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.	Num	ber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n of	of a		and Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	D	Derivative (Month/Day/Year) U		Unde	rlying	Security	Securities	Form of	Beneficial		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Se	ecuriti	ies			Securities (In		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				A	cquire	ed			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				(A	A) or				4)			0	Direct (D)	
					Disposed		ed					Reported	or Indirect		
					of (D)								Transaction(s)	< / <	
					(Instr. 3,		· · · ·						(Instr. 4)	(Instr. 4)	
					4,	4, and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable	•	Title	Number				
								Excicisable	Date		of				
				Code V	/ (/	A) (	D)				Shares				

## **Reporting Owners**

	Relationships									
Reporting Owner Name / Address	Director	10% Owner	Officer	Other						
Knox C. Robert Jr. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612			Principal Accounting Officer							

### Signatures

Harry S. Pangas, attorney-in-fact for C. Robert Knox, Jr. 02/09/2018 \*\*Signature of Reporting Person Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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