# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Estimated averag	ge burden				
ours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 37															
1. Name and Address of Reporting Person * GAMBILL MARK M			Issuer Name and Ticker or Trading Symbol     Triangle Capital CORP [TCAP]					5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 3700 GLENWOOD AVENUE, SUITE 530				3. Date of Earliest Transaction (Month/Day/Year) 05/02/2018					-	Office	r (give title belo	w) (	ther (specify b	elow)	
(Street) RALEIGH, NC 27612			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					Acquir							
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Y			2A. Deemed Execution Dat any (Month/Day/Y	tion Date, if			4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)		of (D)	D) Beneficially Owned Following Reported Transaction(s)		Following (s)	Ownership Form:	7. Nature of Indirect Beneficial	
				(Month/Day/1	(ear)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)			or Indirect I) Instr. 4)	Ownership (Instr. 4)
Common	Stock		05/02/2018			A		4,351	Δ	\$ 11.49	34,301			)	
Reminder: indirectly.	Report on a	separate line f	or each class of sec	urities beneficia	ally o	wned dire	ectly o	r							
	Report on a	separate line f	Table II - l	Derivative Sec	uritie	es Acquir	Pers cont the f	ons wh ained in orm dis	n this fo splays a of, or Be	orm are curre	not req	uired to re d OMB cor	oformation espond unle ntrol numbe	ss	EC 1474 (9- 02)
indirectly.  1. Title of	2. Conversion	3. Transactio	Table II - I ( n 3A. Deemed Execution D. Year) any	Derivative Sec	urities, wan	es Acquir rrants, op 5. Numbe	Pers cont the f ed, Di tions, r 6. D and e (Mo	cons when ained in the corn distribution in the converted of the converted in the converted	of, or Bentible secucisable on Date	neficiall rrities) 7. Ti Amo Unde Secu	not req	uired to red OMB cor	spond unle	f 10. Ownersh Form of Derivatir Security Direct (I or Indire	11. Nature of Indirect Beneficial Ownership (Instr. 4)

### **Reporting Owners**

Describer Occurs Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
GAMBILL MARK M 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	X					

## **Signatures**

Harry S. Pangas, attorney-in-fact for Mark M. Gambill		05/07/2018
Signature of Reporting Person		Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.