FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average burden						
hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Okel Thomas				2. Issuer Name and Ticker or Trading Symbol Barings BDC, Inc. [BBDC]									ionship of Reporting Po all applicable) Director		(s) to Issuer 10% Ov	vner
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/09/2023									Officer (give title below)			Other (specify below)	
C/O BARINGS LLC 300 SOUTH TRYON STREET, SUITE 2500				4. If Amendment, Date of Original Filed (Month/Day/Year)							I	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				able Line)
Street) CHARLOTTE NC 28202												Form file	d by More	than O	ne Reportin	g Person
(City) (State) (Zip)																
Table I - N	on-Dei	rivativ	e Se	curitie	s Acqı	uired, [Disp	osed of,	or E	Benefi	cially Ow	/ned				
Dat		Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Disposed Code (Instr.		ties Acquired (A) or d Of (D) (Instr. 3, 4 and 5			5. Amount Securities Beneficiall Following Transactio	y Owned Reported	Form:	nership : Direct (D) lirect (I) . 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount		(A) or (D)	Price	(Instr. 3 and 4)				(111541.4)
Common Stock ("Shares")	03/09					P		9,400)	A	\$8.05	19,430	6.868		D	
Common Stock ("Shares")	non Stock ("Shares") 03/09/2		3			P		600		Α	\$8.04	20,036.868			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3) 2. Conversion Date (Month/Day/Year) Price of Derivative Security 3. Transaction Date Execution D if any (Month/Day/Year)	Date,	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amou Securities Under Derivative Securi (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
explanation of Responses:		Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	on(s)		

/s/ Jessica Restivo Attorney- in -

Fact

** Signature of Reporting Person

Date

03/10/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).